PM42
Our Friendship
is Soda-Licious

DESIGNS BY
Gloria & Pat®

PRECIOUS MOMENTS™

LucyGoosey

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DESIGNS BY Gloria & Pat®

Proudly Presents

Precious™ Moments

To convert your Precious Moments™ project to reflect other races, may we suggest the following color options for skin, hair and eyes.					
	Flesh	**Cheeks**	**Backstitch**	**Hair**	**Eyes**
Light Flesh Tones	754	3779	3772	938 & 3371	434 & 938
Medium Flesh Tones	950	3779	632	938 & 3371	434 & 938
Dark Flesh Tones	407	407	632	938 & 3371 or 3371 only	434 & 938

PM42

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115 DMC COLORS USED IN THIS BOOK

DMC	DMC	DMC	DMC	DMC	DMC
White	414	647	775	977	3726
Ecru	415	648	776	3024	3727
209	420	676	778	3032	3743
211	422	677	782	3033	3746
223	433	680	801	3042	3747
224	435	712	818	3045	3752
225	436	722	819	3051	3753
309	437	725	841	3052	3756
316	501	729	842	3053	3772
318	502	738	869	3325	3782
319	503	739	890	3326	3790
320	504	742	899	3328	3822
335	543	743	930	3354	3823
340	553	744	931	3364	3825
341	554	745	932	3371	3828
347	561	754	945	3687	
367	611	760	948	3688	
368	613	761	961	3689	
369	645	762	963	3712	
413	646	772	966	3713	

Beads 00479 (White)

Model Information

1. All twelve designs were stitched on 14 ct. Antique White Aida using 2 strands for cross stitch, 1 strand for backstitch.
2. The design "Our Friendship is Soda-Licious" (pp. 20-21) and border (pp. 30-31) was stitched on a 14 ct. Cream Gloria Cloth Afghan using 6 strands for cross stitch, 2 strands for backstitch.

Special Notes

1. Read special instructions on page 3.
2. French knots: use one strand of floss and wrap the needle twice.
3. Wavy lines on charts indicate regular backstitch in a different color.
4. Marlitt: use 1 strand for cross stitch and backstitch on 14 ct. Aida.
5. We suggest using beads in areas where there are full stitches. For example, on p. 29 the heart and leaves could be filled in with beads.

Photography by Michelle Carson Brown.

Design Area Computation Chart

Add 4" - 6" to determine size to cut fabric.

Number of Stitches in Design ▼	Stitches per inch: Afghan 7 ct.	Aida 14 ct..	Aida 16 ct.	Aida 18 ct.
50	7	3-1/2	3-1/8	2-3/4
60	8-1/2	4-1/4	3-3/4	3-3/8
70	10	5	4-3/8	3-7/8
80	11-1/2	5-3/4	5	4-1/2
90	13	6-3/8	5-5/8	5
100	14-1/4	7-1/8	6-1/4	5-1/2
110	15-3/4	7-7/8	6-7/8	6-1/8
120	17	8-1/2	7-1/2	6-5/8
130	18-1/2	9-1/4	8-1/8	7-1/4
140	20	10	8-3/4	7-3/4
150	21-1/2	10-3/4	9-3/4	8-3/8
160	23	11-1/2	10	8-7/8
170	24-1/4	12-1/8	10-5/8	9-1/2

Eleventh Printing

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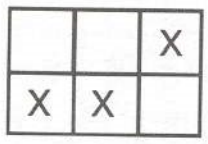
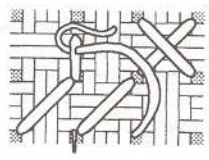
•8.50

CROSS STITCH INSTRUCTIONS

FULL CROSS STITCH

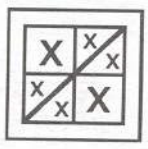
Be sure that all of your stitches lie in the same direction. Bottom stitches should lie from bottom left to upper right and top stitches from bottom right to upper left. Work the stitches from the bottom to the top of the stitch, from left to right, then cross them as you work from right to left, still coming up at the bottom of each stitch and going down at the top.

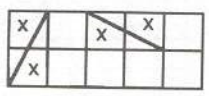


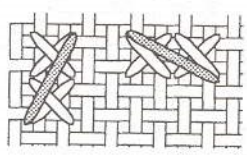


SYMBOL WITH BACKSTITCH

When there is a backstitch over one or two squares and the symbol is the same on either side of the backstitch, make a full cross stitch in that square. Add the backstitch last in the color indicated in the instructions.

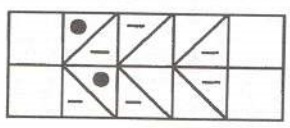




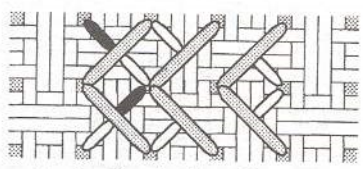


1/4 STITCH

1/4 stitches on your chart:



1/4 stitches on fabric:



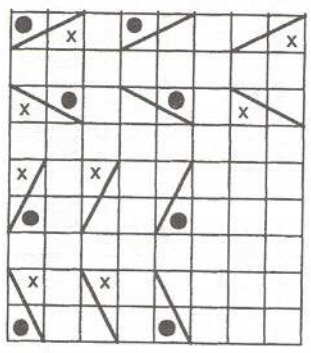
Helpful Hints:

1. Stitch from corner to center using the color indicated by the symbol.
2. Backstitch last in the color indicated in the instructions.

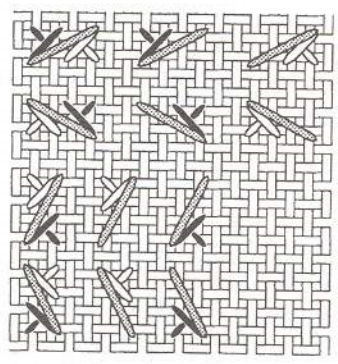
Special Note: If there are NO backstitch instructions given, stitch the backstitch line in the color most predominant in that area of the design.

3/4 STITCH

3/4 stitches on your chart:



3/4 stitches on the fabric:



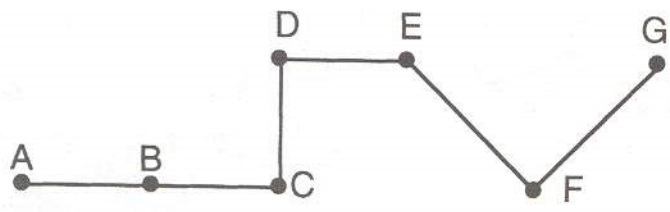
Helpful Hints:

1. Add the backstitch last in the color indicated in the instructions.
2. If the symbols are different on either side of the backstitch or there is a symbol on just one side of the backstitch, this will indicate that 3/4 stitches should be used in the color indicated by the symbol as shown above.

BACKSTITCHING INSTRUCTIONS

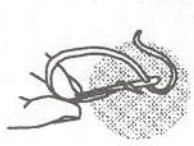
Backstitching (BS) is a part of some designs as outline or as lettering. The purpose of the backstitch is to form a continuous line with each stitch touching. It may travel in any direction.

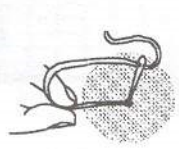
up at B - down at A
up at C - down at B
up at D - down at C
up at E - down at D
up at F - down at E
up at G - down at F

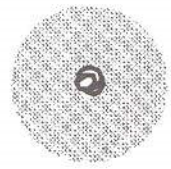


FRENCH KNOT

Use one strand of floss and bring the needle up where indicated on the chart by a dot where the chart lines intersect. Wrap the needle 1 time with the floss. Hold the floss tightly as you insert the needle back into the fabric near the same place. Pull through to form a small knot on top of the fabric.







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SPECIAL LINEN INSTRUCTIONS

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YOU WILL LOVE WORKING ON LINEN! In the natural progression of cross stitching, you may have begun on an evenweave cotton fabric where one "square" on the cloth was equal to one stitch. A first project may have been a tiny flower or heart. Next, most stitchers experience a period in which sayings are popular, each done with a particular person in mind. Then, we go on to projects both useful and beautiful; pillows, clothing accents, birth and wedding samplers, etc.

Then—LINEN! This is the stuff heirlooms are made of. Linen is durable; it has a strength that will outlast cotton. It allows greater flexibility of design. It launders and becomes more beautiful each time. And it is the best; elegant and traditional.

TIPS FOR STITCHING ON LINEN

RAVELING

Use one strand of a light color to whip the edges of the fabric to prevent raveling.

HOOPLESS STITCHING

Cross stitch on linen does not require an embroidery hoop. Instead, the hand is held in a relaxed position with the thumb and forefinger grasping the cloth and the little finger anchoring it (see fig. 1). On a tiny piece of fabric, it may be necessary to anchor with the ring finger. However, do not sew with the fabric wrapped over one finger—this may distort the stitches.

Fig. 1

KNOTLESS WASTE KNOT

Start with a knotless waste knot. This means to leave the tail of the thread on top of the fabric, up and out of the way (as in fig. 2). When the thread is finished, work it under stitches on the back, either in the direction of the stitches or vertically. Then rethread the original tail and work it under stitches on the back in the same way.

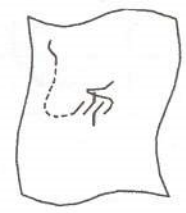


Fig. 2

THE FIRST STITCH

The first stitch and all subsequent regular stitches should begin at a VERTICAL thread. Why? The vertical threads (shown as shaded in fig. 3) act as little goal posts holding up the understitch. At the intersection where the vertical thread lays on top of the horizontal thread, start at the lower left hole. Starting at a vertical thread acts as an early warning system, also. Should a regular stitch suddenly begin at a horizontal thread, it is a sign that threads have been counted incorrectly.

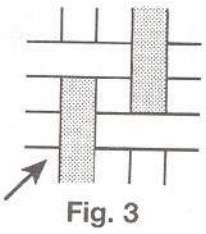


Fig. 3

SEWING MOTION

A sewing stitch, one scooping movement in and out, is used with linen (see fig. 4). Stitches should be neither loose and sloppy nor so tight that the spaces between the linen threads are enlarged. If light can be seen across the top of a row of stitches, the tension is too tight. Correct tension results in flat stitches that do not distort the background weave.

Do the bottom stitches first, then cross back (see fig. 5). The reverse side will be vertical lines (fig. 6).

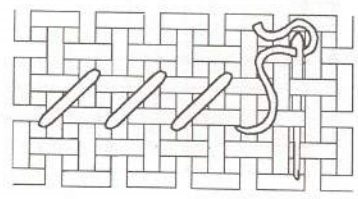


Fig. 4

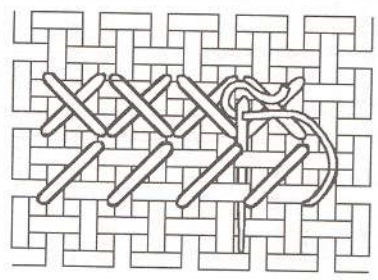


Fig. 5

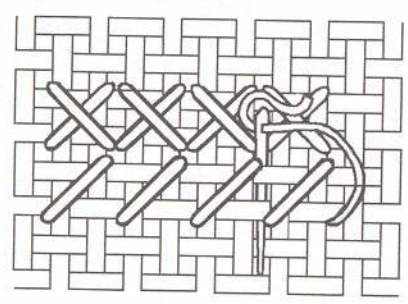


Fig. 6

180 DEGREES

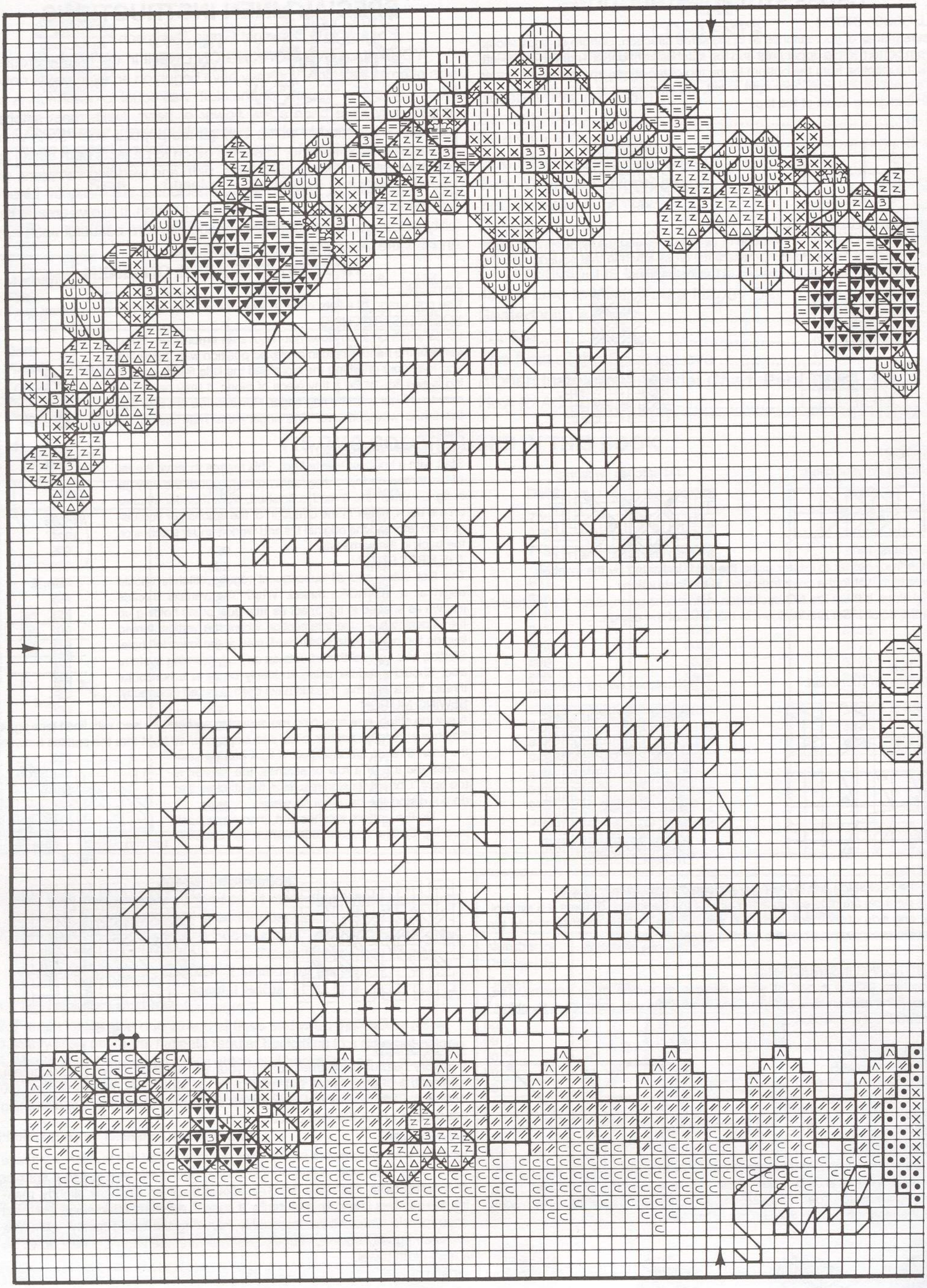
It is very helpful sometimes to turn your work upside down (180 degrees), turning the chart as well, but never turn the work only halfway around (90 degrees). This causes the direction of the top stitch to change, disrupting the texture of the finished piece.

LAUNDERING

Launder your needlework only if it has become soiled. If it is clean, lay it face down on a terry cloth towel on the ironing board and wet it with a sprayer or a damp cloth, then iron dry. This allows the linen to shrink slightly, making the stitches stand up beautifully. If soap is required, hand wash with mild soap in cold water. Rinse thoroughly, handling the fabric gently; roll it in a towel and gently squeeze out excess moisture, then iron dry face down on a terry cloth towel.

MOUNTING

Mount your finished needlework as you would mount cotton fabrics. You'll discover as you explore the world of linen stitching that linen is extremely versatile and can be finished in a variety of ways other than framing.



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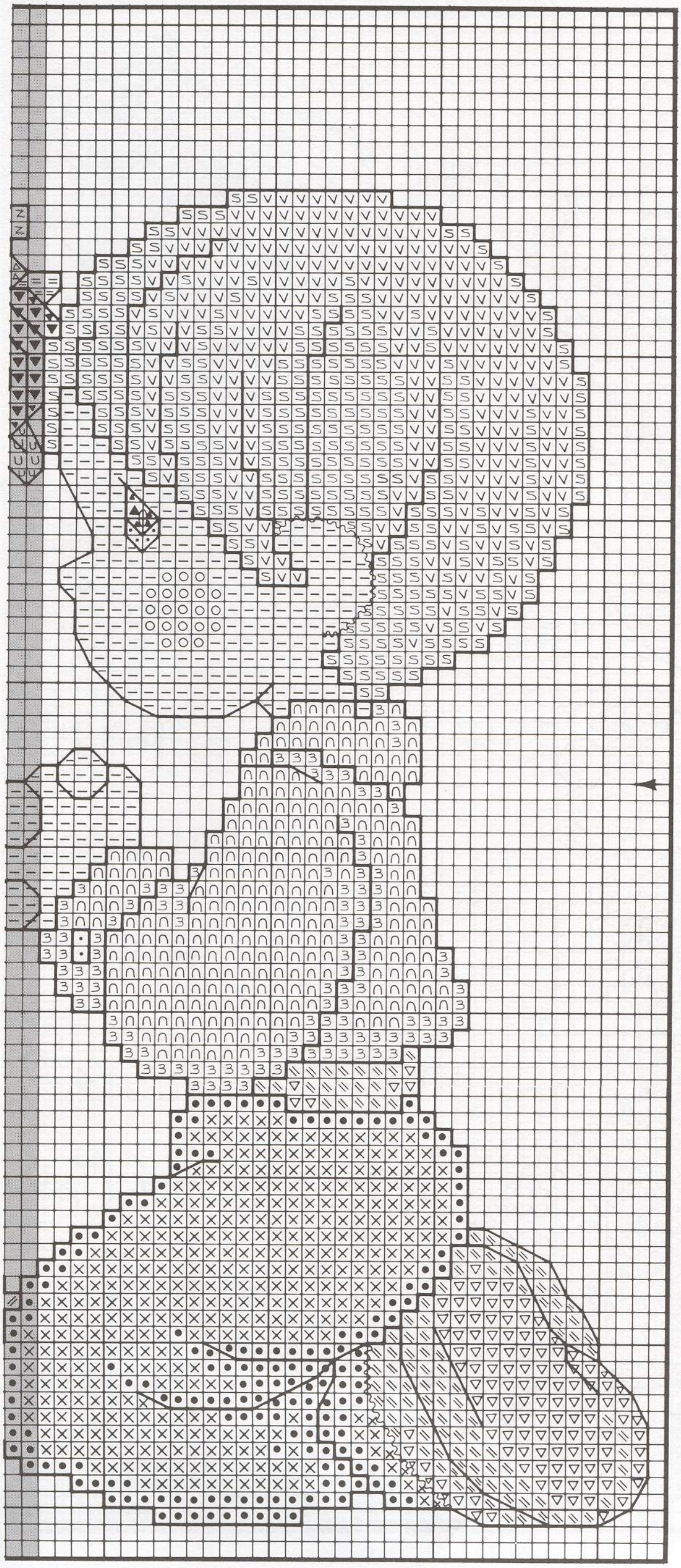

Shaded area indicates last two rows stitched on previous page.

SERENITY PRAYER (BOY)

	DMC	Color
•	White	White
∩	745	Yellow - Lt. Pale
3	744	Yellow - Pale
–	948	Peach Flesh - Vy. Lt.
O	754	Peach Flesh - Lt.
=	761	Salmon - Lt.
▼	760	Salmon
Z	778	Antique Mauve - Vy. Lt.
△	316	Antique Mauve - Med.
∧	712	Cream
//	739	Tan - Ultra Vy. Lt.
V	738	Tan - Vy. Lt.
S	437	Tan - Lt.
▽	3033	Mocha Brown - Vy. Lt.
\	3782	Mocha Brown - Lt.
U	368	Pistachio Green - Lt.
C	966	Baby Green - Med.
I	3753	Antique Blue - Ultra Vy. Lt.
X	3752	Antique Blue - Vy. Lt.
●	932	Antique Blue - Lt.
▲	930	Antique Blue - Dk.
	680	Old Gold - Dk.
	3712	Salmon - Med.
	3328	Salmon - Dk.
	3726	Antique Mauve - Dk.
	436	Tan
	435	Brown - Vy. Lt.
	420	Hazel Nut Brown - Dk.
	3790	Beige Grey - Ultra Dk.
	367	Pistachio Green - Dk.
	890	Pistachio Green - Ultra Dk.
	561	Jade - Vy. Dk.
	931	Antique Blue - Med.

Add a little white stitch to eye where marked ().
Frog - make French knots in 890.

Note: Wavy lines on chart indicate regular backstitch in a different color.

Backstitch in order given:
Backstitch hair (excluding) in 435.
Backstitch shirt in 680.
Backstitch face (including) and hands in 420.
Backstitch belt in 3790.
Backstitch pants (excluding) in 930.
Backstitch shoes (including)in 3790.
Backstitch blue flowers (excluding) in 931.
Backstitch 760/761 roses (including) in 3328.
Backstitch mauve flowers in 3726.
Backstitch salmon flowers (including) in 3712.
Backstitch leaves (including) in 367.
Backstitch frog in 561.
Backstitch fence in 436.
Backstitch "Sam B" in 3782.
Backstitch prayer in 931.

Design Area: 92 × 103

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Shaded area indicates last two rows stitched on previous page.

SERENITY PRAYER (GIRL)

	DMC	Color
•	White	White
I	818	Baby Pink
3	776	Pink - Med.
\	745	Yellow - Lt. Pale
>	744	Yellow - Pale
▽	742	Tangerine - Lt.
–	948	Peach Flesh - Vy. Lt.
O	754	Peach Flesh - Lt.
X	3713	Salmon - Vy. Lt.
●	761	Salmon - Lt.
∩	760	Salmon
6	712	Cream
V	739	Tan - Ultra Vy. Lt.
S	738	Tan - Vy. Lt.
/	3782	Mocha Brown - Lt.
Z	368	Pistachio Green - Lt.
C	966	Baby Green - Med.
U	3753	Antique Blue - Ultra Vy. Lt.
▲	930	Antique Blue - Dk.
	899	Rose - Med.
	3712	Salmon - Med.
	3328	Salmon - Dk.
	3790	Beige Grey - Ultra Dk.
	436	Tan
	420	Hazel Nut Brown - Dk.
	367	Pistachio Green - Dk.
	931	Antique Blue - Med.

Add a little white stitch to eye where marked ◊ .
Butterfly - make French knots in 3790.

Note: Wavy lines on chart indicate regular backstitch in a different color.

Backstitch in order given:
Backstitch bow (excluding ∿) in 3712.
Backstitch hair (including ∿) in 436.
Backstitch face in 420.
Backstitch collar in 931.
Backstitch blouse (excluding ∿) in 3712.
Backstitch cuff of blouse (including ∿) in 931.
Backstitch hands in 420.
Backstitch belt in 931.
Backstitch skirt in 3712.
Backstitch shoes in 3790.
Backstitch yellow flowers (excluding ∿) in 742.
Backstitch 760/761 roses (including ∿) and remainder of salmon flowers (excluding ∿ at pink flowers and leaves) in 3328.
Backstitch pink flowers (including ∿) in 899.
Backstitch leaves (including ∿) in 367.
Backstitch butterfly wings in 3712.
Backstitch butterfly body and antennae in 3790.
Backstitch fence in 436.
Backstitch "Sam B" in 3782.
Backstitch prayer in 3712.

Design Area: 90 × 96

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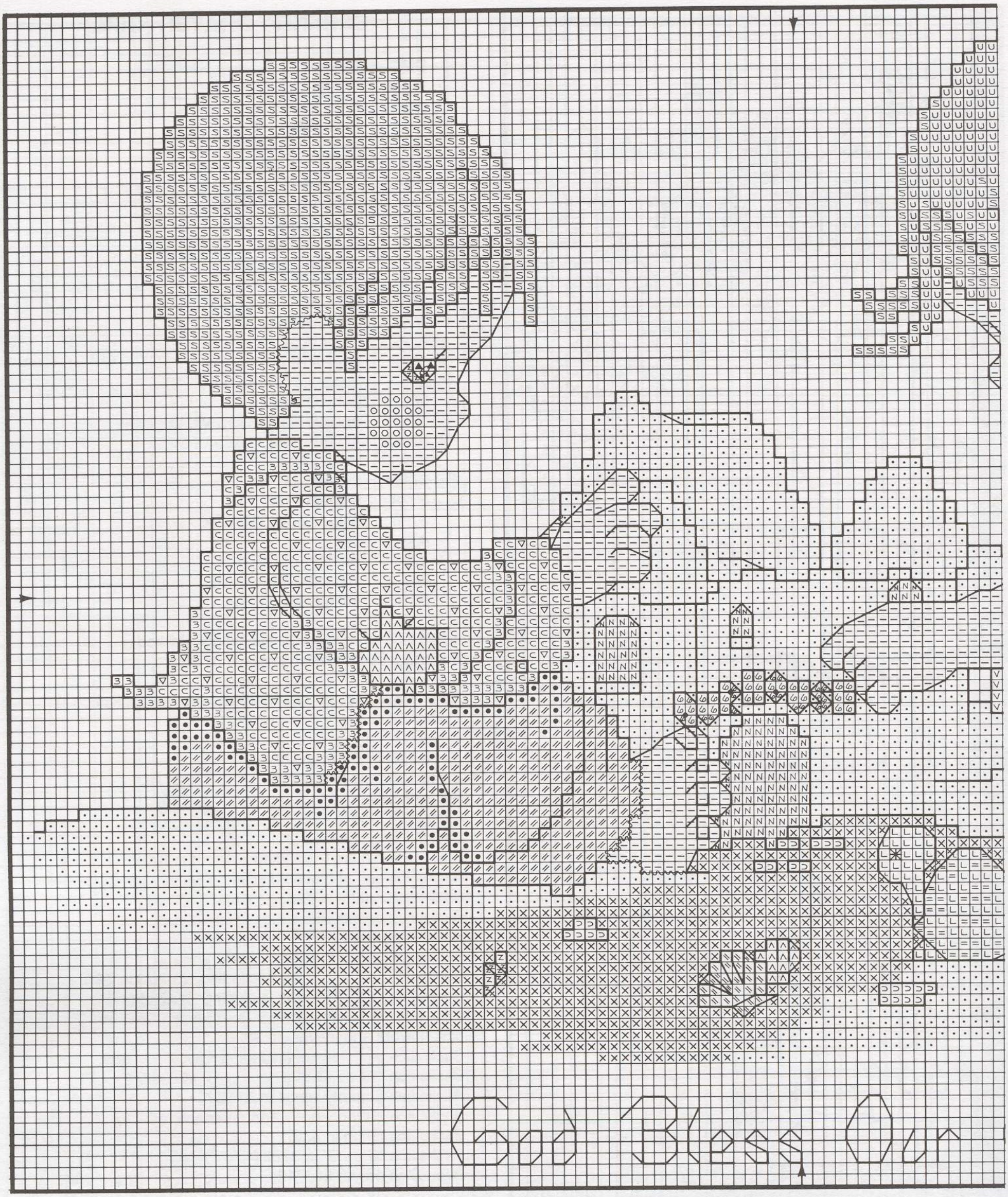

	DMC	Color
Z	White	White
I	745	Yellow - Lt. Pale
▽	3822	Straw - Lt.
—	948	Peach Flesh - Vy. Lt.
O	754	Peach Flesh - Lt.
V	3713	Salmon - Vy. Lt.
∩	761	Salmon - Lt.
6	760	Salmon
∧	778	Antique Mauve - Vy. Lt.
•	Ecru	Ecru
X	543	Beige Brown - Ultra Vy. Lt.
N	842	Beige Brown - Vy. Lt.

	DMC	Color
U	739	Tan - Ultra Vy. Lt.
S	738	Tan - Vy. Lt.
⊃	3033	Mocha Brown - Vy. Lt.
L	369	Pistachio Green - Vy. Lt.
=	368	Pistachio Green - Lt.
\	504	Blue Green - Vy. Lt.
⊂	3753	Antique Blue - Ultra Vy. Lt.
3	3752	Antique Blue - Vy. Lt.
▲	930	Antique Blue - Dk.
/	648	Beaver Grey - Lt.
●	647	Beaver Grey - Med.
	729	Old Gold - Med.

DMC	Color
3712	Salmon - Med.
3328	Salmon - Dk.
347	Salmon - Vy. Dk.
3726	Antique Mauve - Dk.
841	Beige Brown - Lt.
436	Tan
435	Brown - Vy. Lt.
420	Hazel Nut Brown - Dk.
367	Pistachio Green - Dk.
502	Blue Green
931	Antique Blue - Med.
645	Beaver Grey - Vy. Dk.

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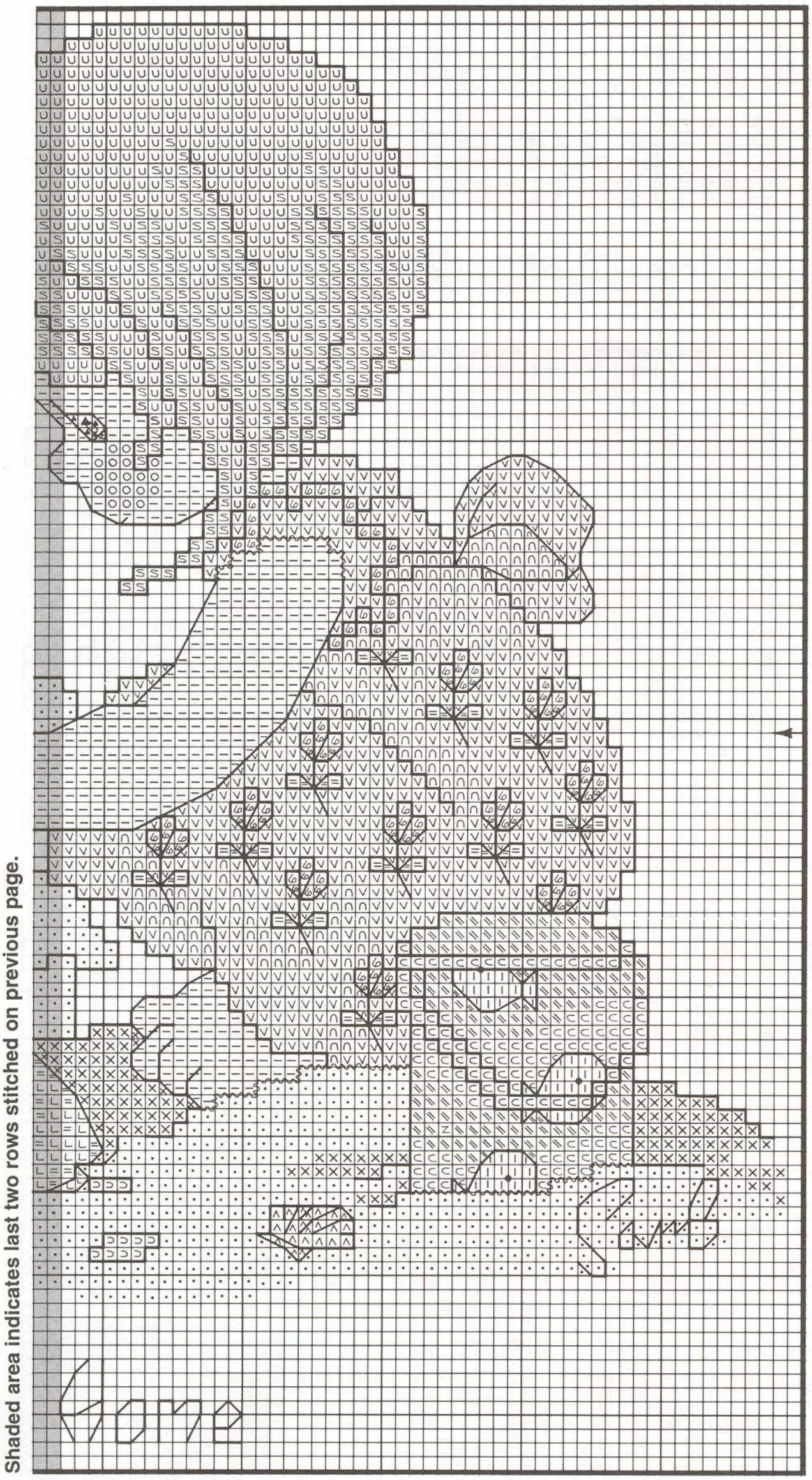

GOD BLESS OUR HOME

DMC	DMC	DMC
z White	∪ 739	3712
I 745	S 738	3328
▽ 3822	⊃ 3033	347
– 948	L 369	3726
O 754	= 368	841
V 3713	\ 504	436
∩ 761	⊂ 3753	435
6 760	⊇ 3752	420
∧ 778	▲ 930	367
· Ecru	// 648	502
× 543	● 647	931
N 842	729	645

Add a little white stitch to eyes where marked ⊘⊘.
Turtle's eye - make a x stitch and then a + stitch to form ✳ in 367.
Fishes' eyes - make French knots in 420.
"OUR HOUSE" - make French knots in 347.

Note: Wavy lines on chart indicate regular backstitch in a different color.

Backstitch in order given:
Backstitch boy's hair (excluding ∿) in 435.
Backstitch boy's face (including ∿ on ear and excluding collar) in 420.
Backstitch patch on shirt in 3726.
Backstitch shirt (excluding ∿) in 931.
Backstitch boy's hands (excluding ∿) in 420.
Backstitch girl's hair in 436.
Backstitch girl's face and arm (excluding ∿) in 420.
Backstitch bucket (excluding ∿ and fish) in 931.
Backstitch fish in 729.
Backstitch 760 flowers and 760 trim on dress (including ∿ at sleeve) in 347.
Backstitch flower stems and leaves in 367.
Backstitch dress (excluding ∿) in 3712.
Backstitch turtle in 367.
Backstitch 778 shells in 3726.
Backstitch 504 shell in 502.
Backstitch 3033 and white shells in 841.
Backstitch girl's and boy's feet (excluding ∿) in 420.
Backstitch "OUR HOUSE" in 3328.
Backstitch boy's pants (including ∿ at foot and excluding sand) in 645.
Backstitch "Sam B", sand and sand castle (including ∿) in 841.
Backstitch lettering in 931.

Design Area: 102 × 139

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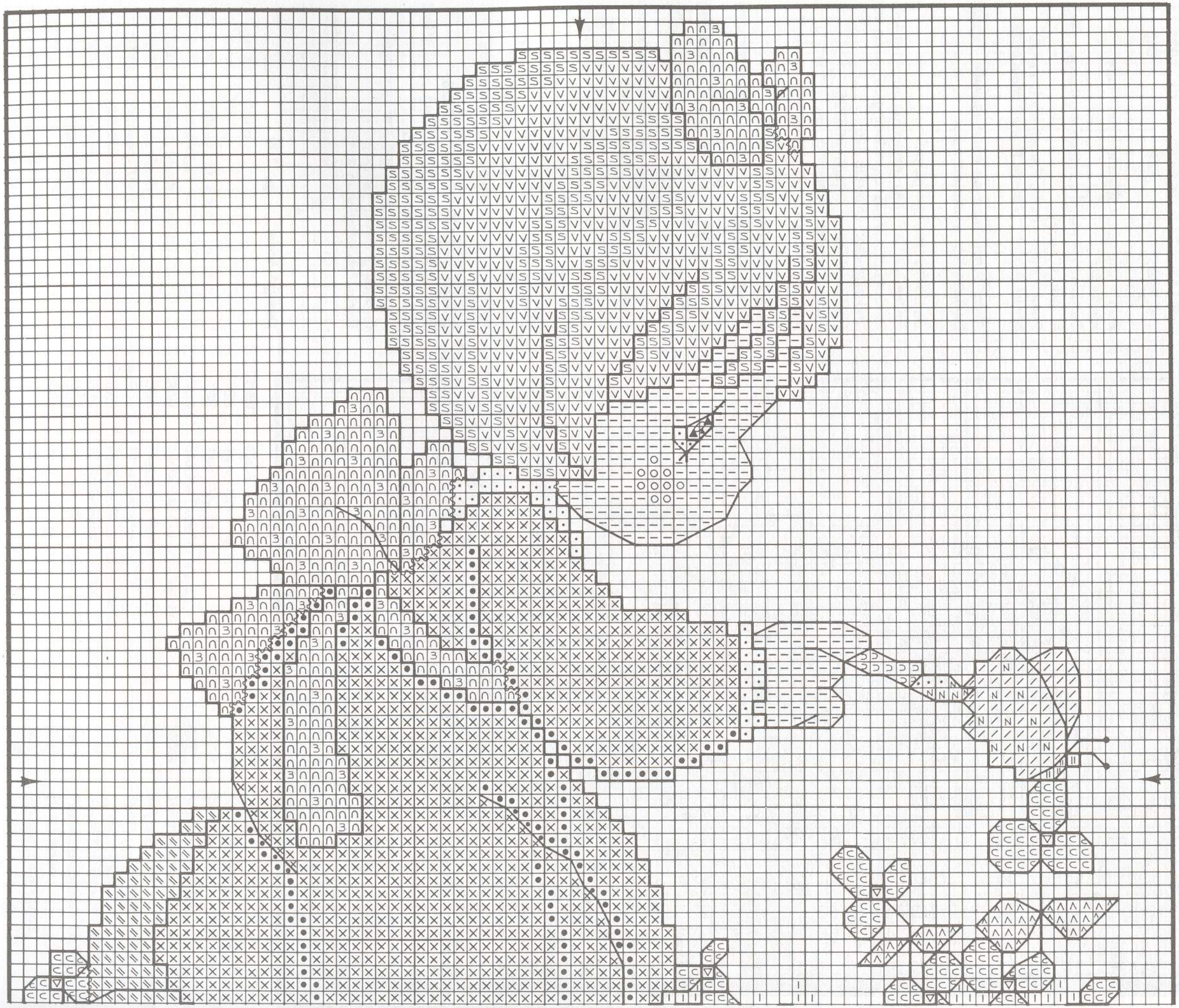

GOD BLESS YOU FOR TOUCHING MY LIFE

DMC	Color
· White	White
/ 745	Yellow - Lt. Pale
▽ 744	Yellow - Pale
‖ 3045	Yellow Beige - Dk.
– 948	Peach Flesh - Vy. Lt.
O 754	Peach Flesh - Lt.
∩ 3713	Salmon - Vy. Lt.
N 761	Salmon - Lt.
3 760	Salmon
C 211	Lavender - Lt.
V 739	Tan - Ultra Vy. Lt.
S 738	Tan - Vy. Lt.
\ 3033	Mocha Brown - Vy. Lt.
∧ 368	Pistachio Green - Lt.
I 966	Baby Green - Med.
⊃ 3053	Green Grey
× 775	Baby Blue - Vy. Lt.
● 3325	Baby Blue - Lt.
6 3752	Antique Blue - Vy. Lt.
▲ 930	Antique Blue - Dk.
680	Old Gold - Dk.
3712	Salmon - Med.
3328	Salmon - Dk.
209	Lavender - Dk.
3790	Beige Grey - Ultra Dk.
436	Tan
420	Hazel Nut Brown - Dk.
367	Pistachio Green - Dk.
3052	Green Grey - Med.
932	Antique Blue - Lt.
931	Antique Blue - Med.

116

Design Area: 87

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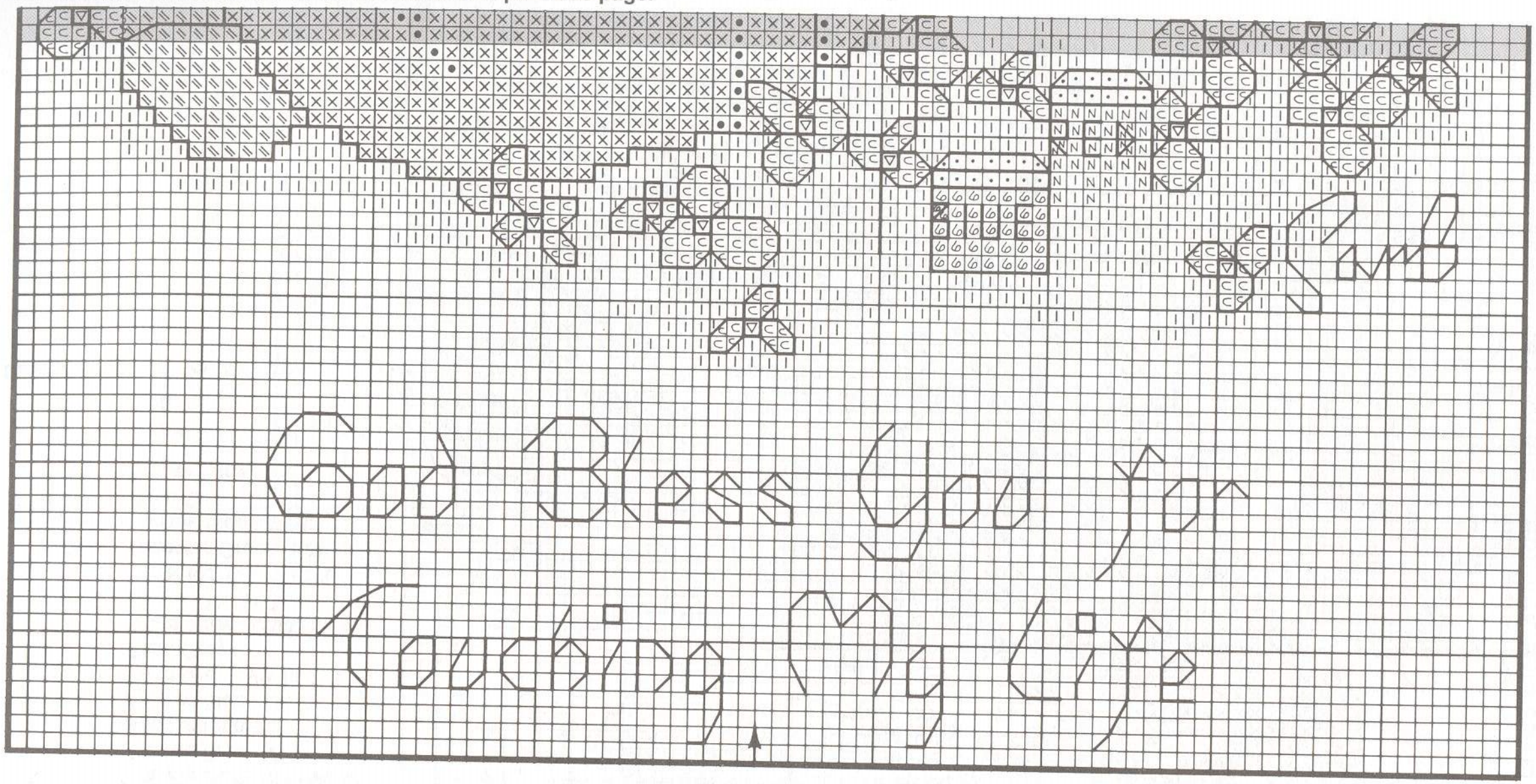

DMC	Color
• White	White
/ 745	Yellow - Lt. Pale
▽ 744	Yellow - Pale
II 3045	Yellow Beige - Dk.
– 948	Peach Flesh - Vy. Lt.
O 754	Peach Flesh - Lt.
∩ 3713	Salmon - Vy. Lt.
N 761	Salmon - Lt.
3 760	Salmon
C 211	Lavender - Lt.
V 739	Tan - Ultra Vy. Lt.
S 738	Tan - Vy. Lt.
⫽ 3033	Mocha Brown - Vy. Lt.
∧ 368	Pistachio Green - Lt.
I 966	Baby Green - Med.
⊃ 3053	Green Grey
× 775	Baby Blue - Vy. Lt.
● 3325	Baby Blue - Lt.
6 3752	Antique Blue - Vy. Lt.
▲ 930	Antique Blue - Dk.
680	Old Gold - Dk.
3712	Salmon - Med.
3328	Salmon - Dk.
209	Lavender - Dk.
3790	Beige Grey - Ultra Dk.
436	Tan
420	Hazel Nut Brown - Dk.
367	Pistachio Green - Dk.
3052	Green Grey - Med.
932	Antique Blue - Lt.
931	Antique Blue - Med.

Add a little white stitch to eye where marked O .
Butterfly - make French knots in 420.

Note: Wavy lines on chart indicate regular backstitch in a different color.

Backstitch in order given:
Backstitch bow in hair (excluding ∿) in 3712.
Backstitch hair (including ∿) in 436.
Backstitch face (excluding ∿) in 420.
Backstitch bow and ribbon on dress (excluding ∿) in 3712.
Backstitch 3752 jar in 931.
Backstitch "RED" on jar in 3328.
Backstitch 761 jar in 3712.
Backstitch flowers (excluding ∿) in 209.
Backstitch leaves and stems in 367.
Backstitch dress (including ∿) in 931.
Backstitch hand in 420.
Backstitch shoes (including ∿) in 3790.
Backstitch 3053 of brush in 3052.
Backstitch bristles of brush in 3712.
Backstitch butterfly wings in 680.
Backstitch butterfly body and antennae in 420.
Backstitch "Sam B" in 211.
Backstitch lettering in 932.

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TURN YOUR EYES UPON JESUS

	DMC	Color
.	White	White
–	948	Peach Flesh - Vy. Lt.
○	754	Peach Flesh - Lt.
ↄ	725	Topaz
I	3024	Brown Grey - Vy. Lt.
V	738	Tan - Vy. Lt.
S	437	Tan - Lt.
▼	433	Brown - Med.
⊂	3033	Mocha Brown - Vy. Lt.
3	3782	Mocha Brown - Lt.
⍀	369	Pistachio Green - Vy. Lt.
6	368	Pistachio Green - Lt.
△	319	Pistachio Green - Vy. Dk.
∩	3756	Baby Blue - Ultra Vy. Lt.
∧	775	Baby Blue - Vy. Lt.
+	3753	Antique Blue - Ultra Vy. Lt.
×	3752	Antique Blue - Vy. Lt.
●	932	Antique Blue - Lt.
▲	930	Antique Blue - Dk.
//	762	Pearl Grey - Vy. Lt.
N	415	Pearl Grey
	3790	Beige Grey - Ultra Dk.
	435	Brown - Vy. Lt.
	420	Hazel Nut Brown - Dk.
	367	Pistachio Green - Dk.
	931	Antique Blue - Med.
	414	Steel Grey - Dk.
	646	Beaver Grey - Dk.

Design Area: 107 × 92

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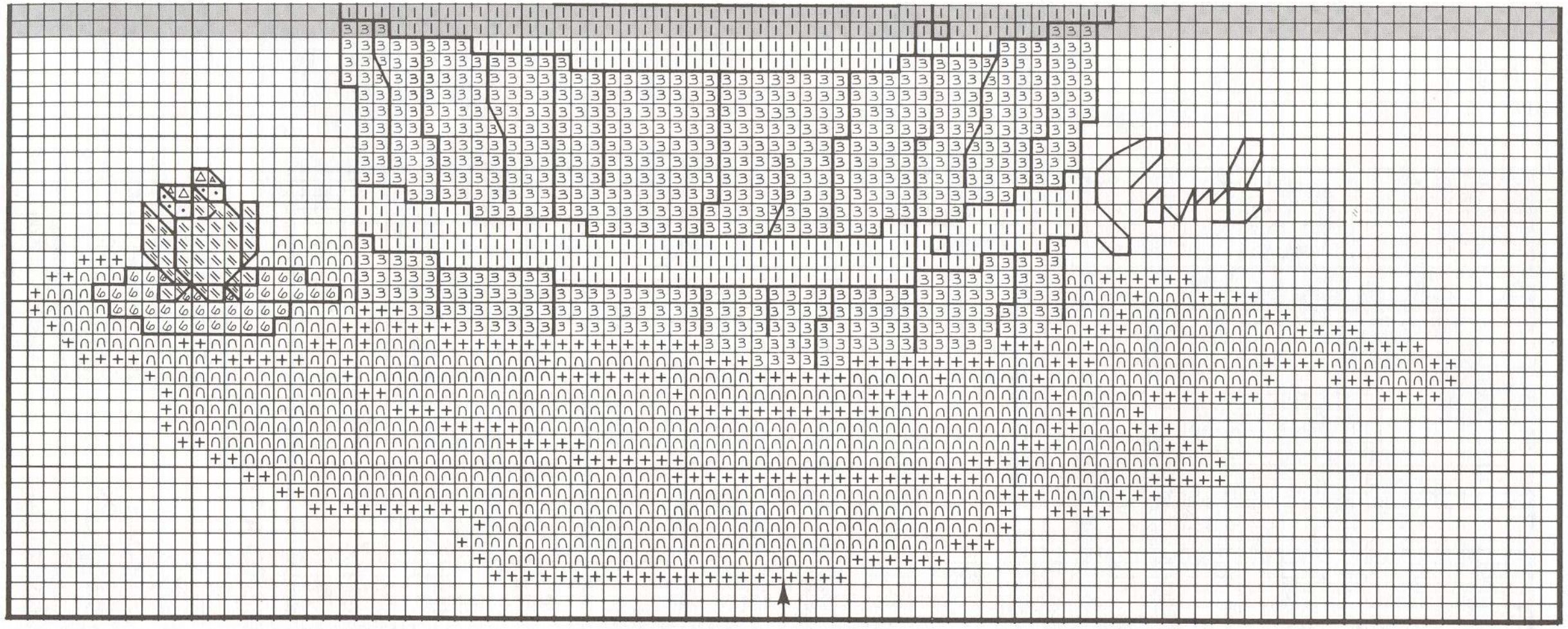


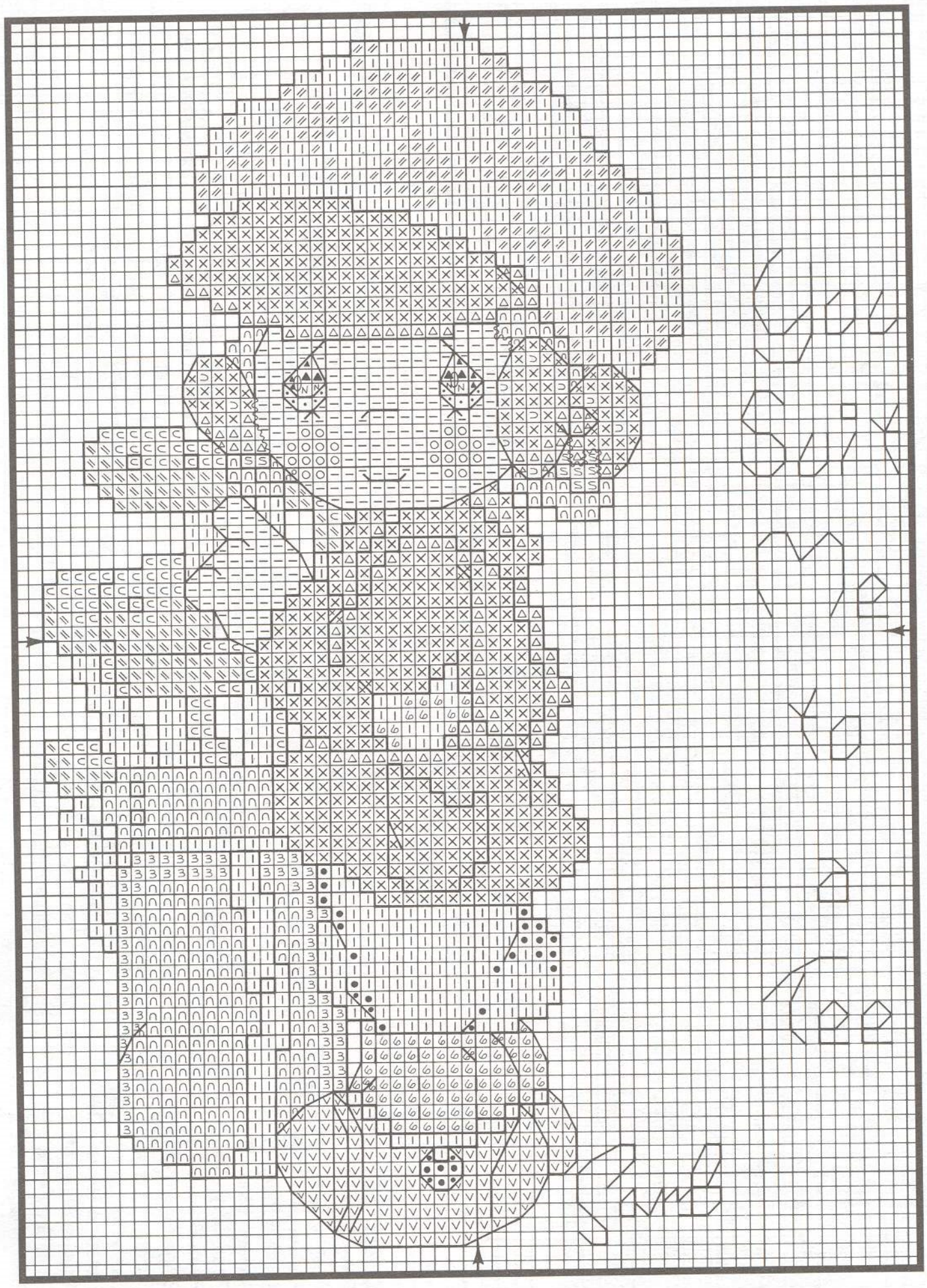
	DMC	Color
·	White	White
–	948	Peach Flesh - Vy. Lt.
○	754	Peach Flesh - Lt.
⊃	725	Topaz
ı	3024	Brown Grey - Vy. Lt.
∨	738	Tan - Vy. Lt.
⊆	437	Tan - Lt.
▼	433	Brown - Med.
⊂	3033	Mocha Brown - Vy. Lt.
⊇	3782	Mocha Brown - Lt.
⩦	369	Pistachio Green - Vy. Lt.
⩧	368	Pistachio Green - Lt.
△	319	Pistachio Green - Vy. Dk.
∩	3756	Baby Blue - Ultra Vy. Lt.

	DMC	Color
∧	775	Baby Blue - Vy. Lt.
+	3753	Antique Blue - Ultra Vy. Lt.
×	3752	Antique Blue - Vy. Lt.
●	932	Antique Blue - Lt.
▲	930	Antique Blue - Dk.
⫽	762	Pearl Grey - Vy. Lt.
ɴ	415	Pearl Grey
	3790	Beige Grey - Ultra Dk.
	435	Brown - Vy. Lt.
	420	Hazel Nut Brown - Dk.
	367	Pistachio Green - Dk.
	931	Antique Blue - Med.
	414	Steel Grey - Dk.
	646	Beaver Grey - Dk.

Add a little white stitch to eye where marked ( ) .
Bird's eyes - make French knots in 930.
Bird's beak - make French knot in 725.
Telescope - make French knots in 414.

Note: Wavy lines on chart indicate regular backstitch in a different color.

Backstitch in order given:
Backstitch white hats in 414.
Backstitch frog and lily pad in 367.
Backstitch 3024 bands on tub in 646.
Backstitch dog's eye and nose in 433.
Backstitch dog (excluding ∿∿) in 435.
Backstitch tub (including ∿ on dog and excluding ∿∿ on boy) in 3790.
Backstitch hair (excluding ∿∿) in 435.
Backstitch bird's feet in 420.
Backstitch bird in 931.
Backstitch hands (excluding ∿∿) in 420.
Backstitch telescope (including ∿∿) in 414.
Backstitch face (including ∿ on ear and excluding ∿∿ at neck) in 420.
Backstitch boy's suit (including ∿∿) in 931.
Backstitch "Sam B" in 3024.
Backstitch lettering in 932.



YOU SUIT ME TO A TEE

	DMC	Color
·	White	White
6	745	Yellow - Lt. Pale
–	948	Peach Flesh - Vy. Lt.
O	754	Peach Flesh - Lt.
//	3713	Salmon - Vy. Lt.
I	761	Salmon - Lt.
●	760	Salmon
S	739	Tan - Ultra Vy. Lt.
∩	738	Tan - Vy. Lt.
3	437	Tan - Lt.
V	3033	Mocha Brown - Vy. Lt.
×	504	Blue Green - Vy. Lt.
△	503	Blue Green - Med.
⊃	502	Blue Green
N	932	Antique Blue - Lt.
▲	930	Antique Blue - Dk.
C	762	Pearl Grey - Vy. Lt.
\\	415	Pearl Grey

DMC	Color
3712	Salmon - Med.
436	Tan
3032	Mocha Brown - Med.
420	Hazel Nut Brown - Dk.
414	Steel Grey - Dk.

Add a little white stitch to eyes where marked ( ) .

Note: Wavy lines on chart indicate regular backstitch in a different color.

Backstitch in order given:
Backstitch bows (excluding) and brim of hat in 502.
Backstitch remainder of hat in 3712.
Backstitch face (including at bow and excluding on hair) in 420.
Backstitch hair (including) in 436.
Backstitch button and patch on jacket in 3712.
Backstitch jacket in 502.
Backstitch hand in 420.
Backstitch pants and pink on shoes in 3712.
Backstitch shoes in 3032.
Backstitch socks in 420.
Backstitch pink on bag in 3712.
Backstitch bag in 420.
Backstitch grey on clubs in 414.
Backstitch pink on clubs in 3712.
Backstitch "Sam B" in 738.
Backstitch lettering in 502.

Design Area: 85 × 60

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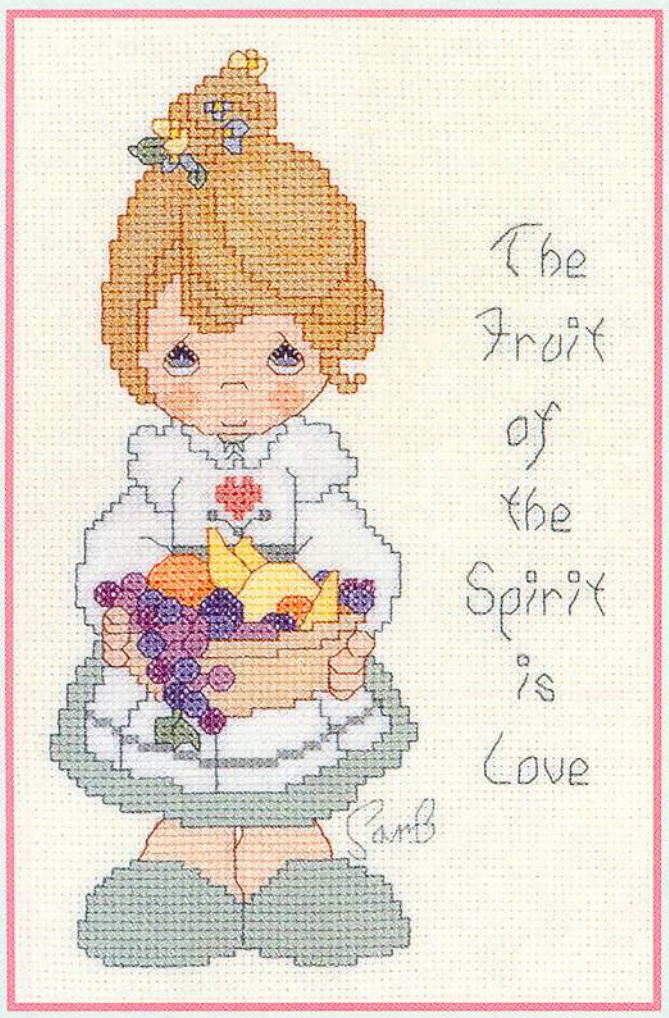
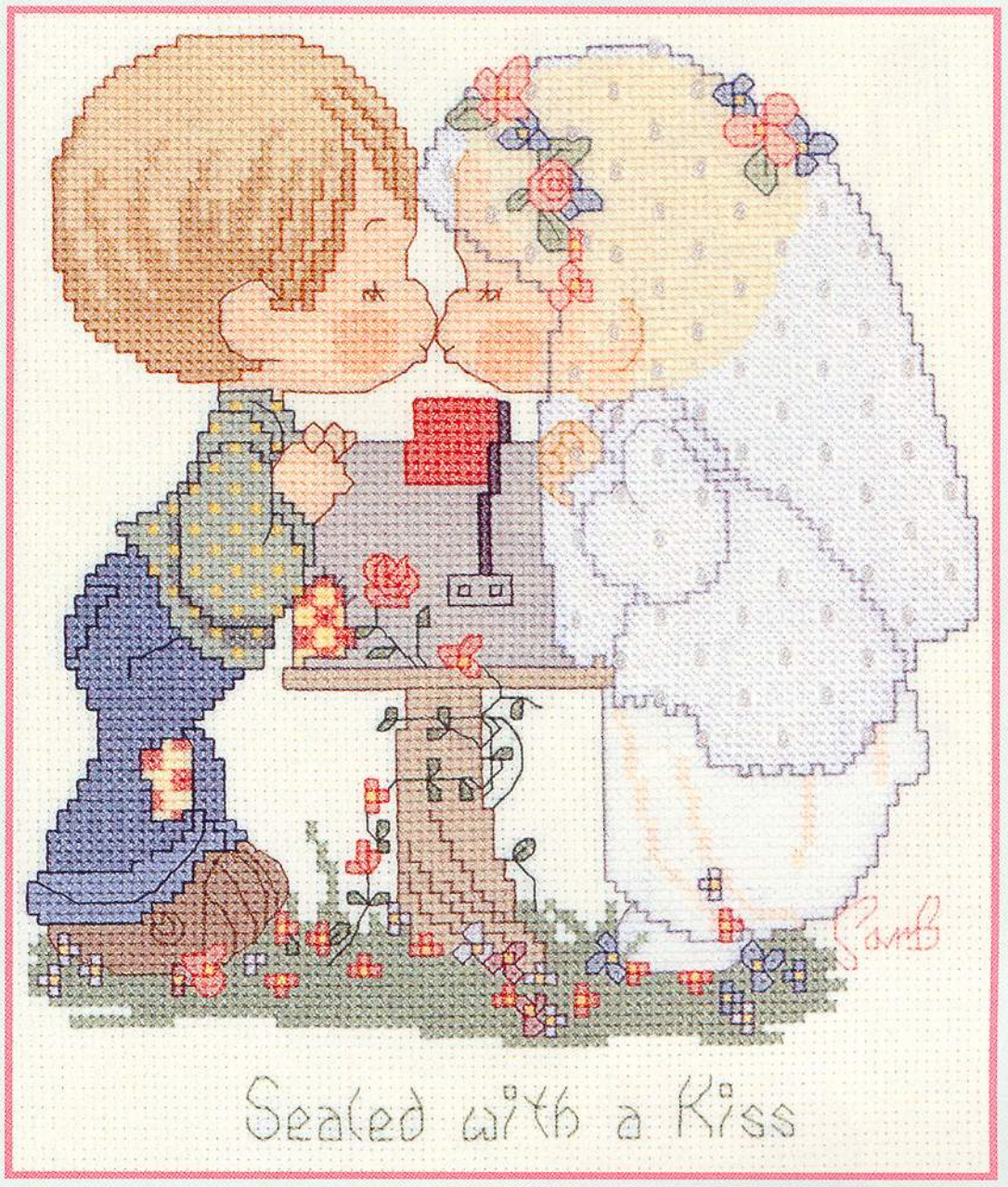
PRECIOUS™ MOMENTS





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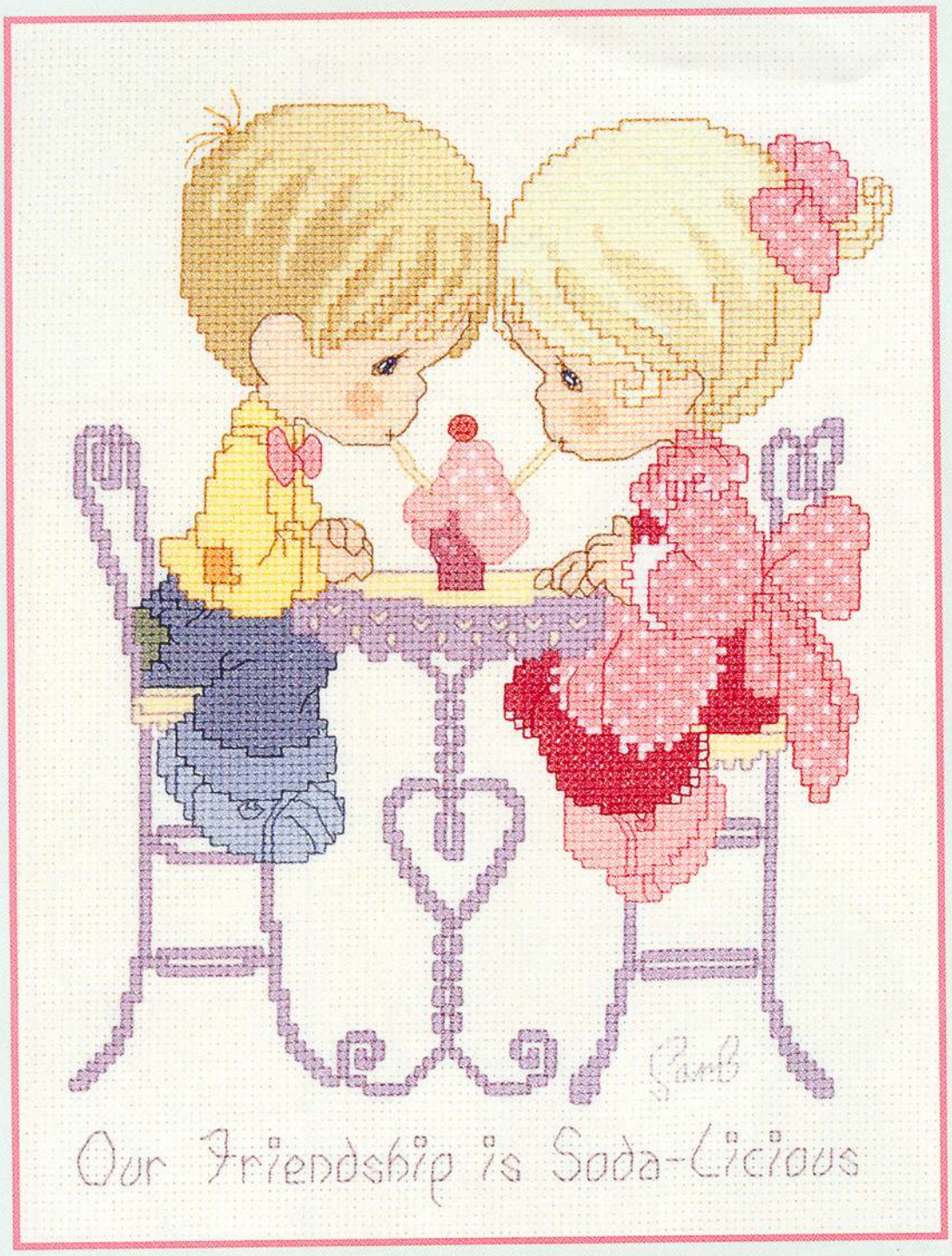

"Ten years ago, I took the position of shift supervisor on the Alcohol/Drug Dependency Unit at the hospital where I'm employed. I had the most challenging, rewarding nine years of my nursing career as I could freely talk to my patients of my Higher Power, God, and readily encouraged all my patients to pray before going to sleep. To my amazement, I found many of the young people had never prayed nor knew how to pray. I very quickly taught them the Serenity Prayer. Last year, I reported on duty only to be told "Jan, when you close the patients' charts in the morning and go off duty, the unit will be officially closed." I was totally devastated and could not imagine working in any other unit where I could be so happy. The following week, Sam Butcher, wearing his usual smiling face, an extra twinkle in his eyes, presented me with the figurine of a little girl beside the Serenity Prayer. It is still so amazing to me that God's timing is so perfect and through Sam, God's timing also becomes a very, very special precious moment."

—Jan Kropenick

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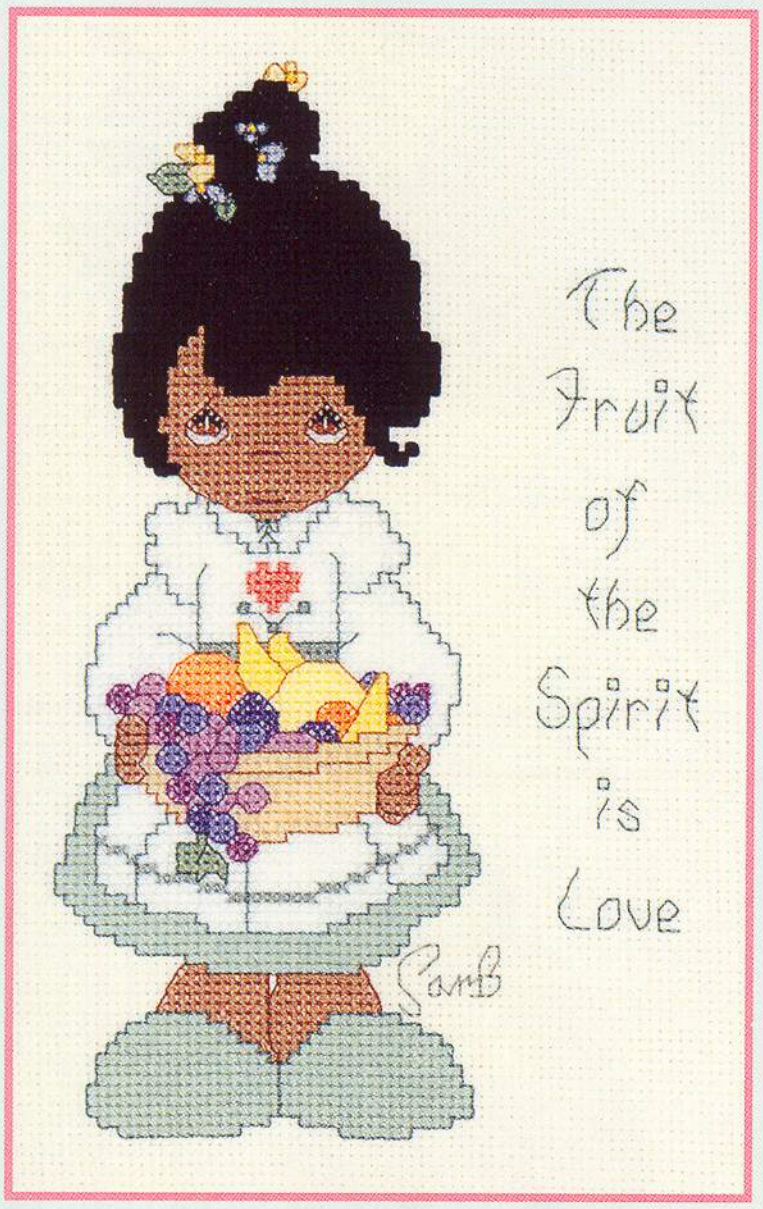

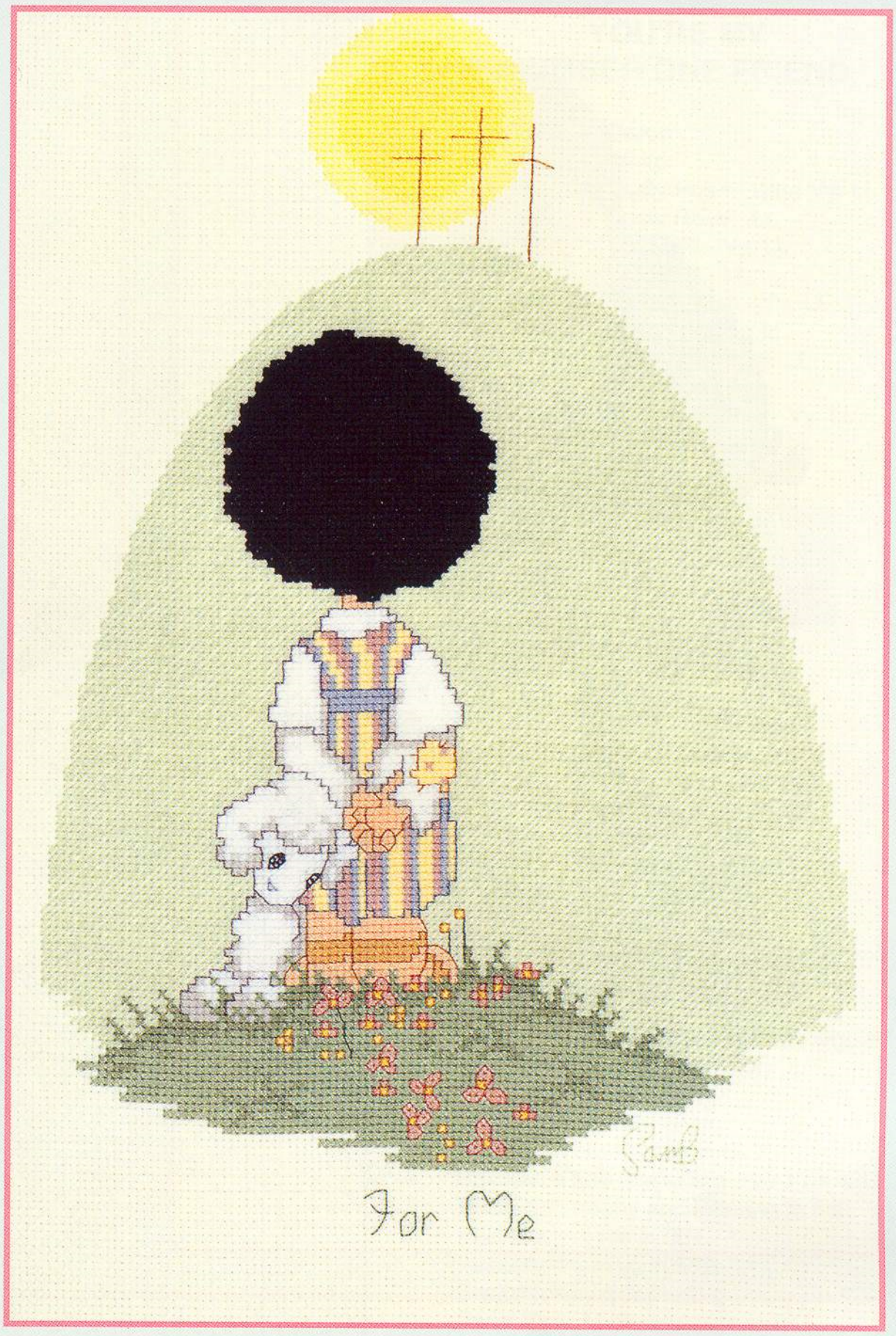

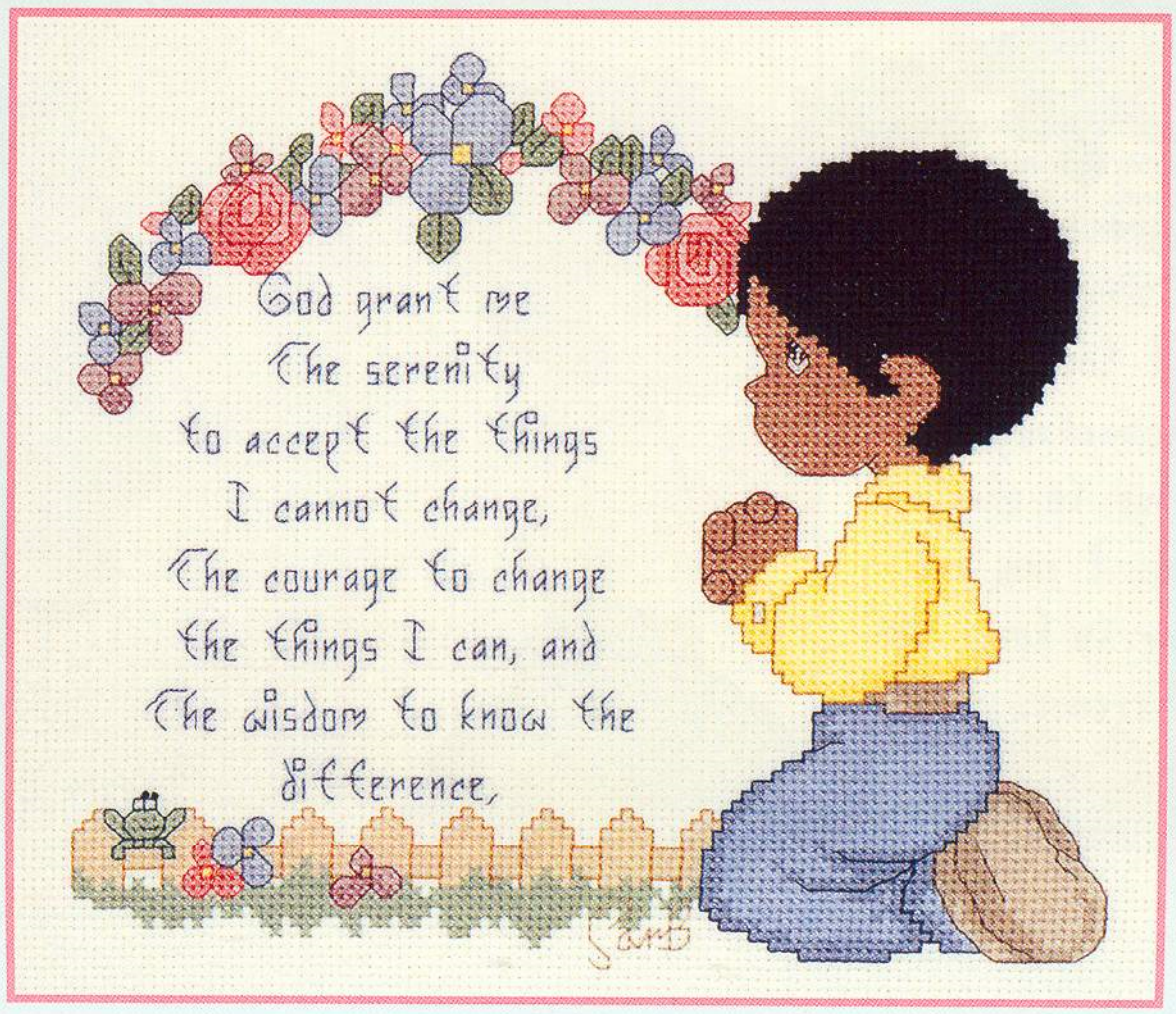

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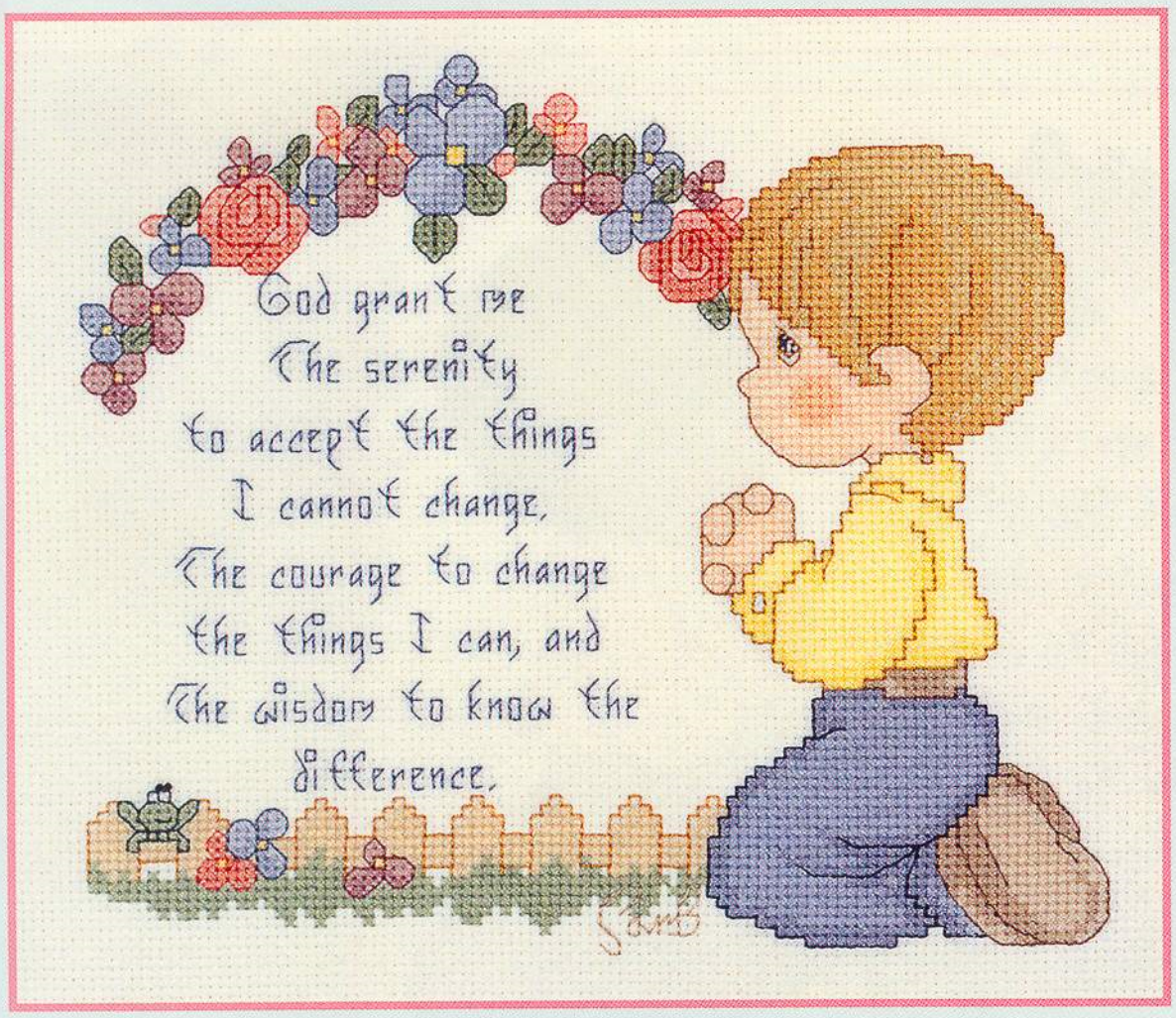

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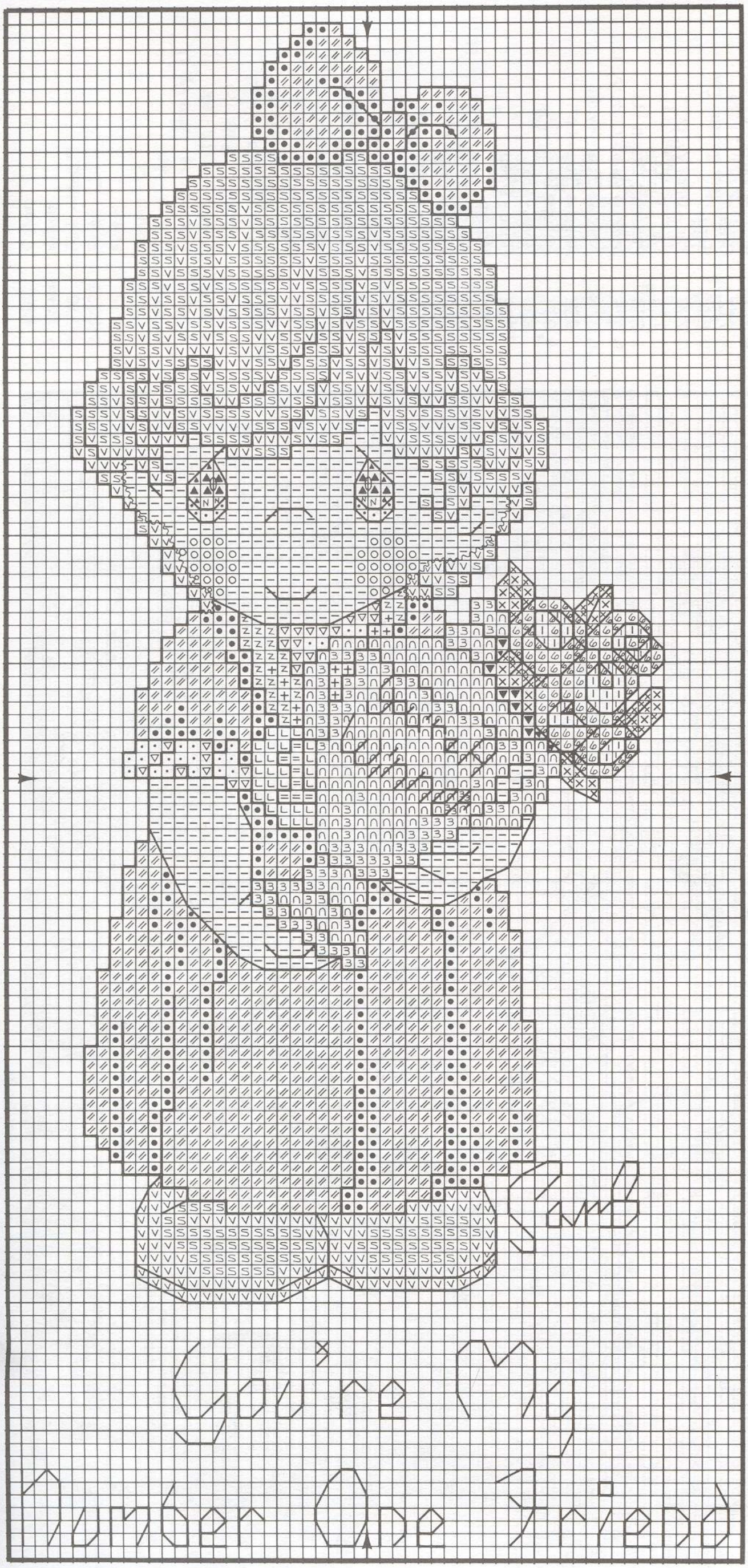

YOU'RE MY NUMBER ONE FRIEND

	DMC	Color
•	White	White
6	963	Dusty Rose - Ultra Vy. Lt.
I	3354	Dusty Rose - Lt.
∩	677	Old Gold - Vy. Lt.
3	676	Old Gold - Lt.
–	948	Peach Flesh - Vy. Lt.
O	754	Peach Flesh - Lt.
//	3747	Blue Violet - Vy. Lt.
●	341	Blue Violet - Lt.
Z	778	Antique Mauve - Vy. Lt.
+	3727	Antique Mauve - Lt.
L	Ecru	Ecru
S	739	Tan - Ultra Vy. Lt.
V	738	Tan - Vy. Lt.
=	977	Golden Brown - Lt.
×	504	Blue Green - Vy. Lt.
▼	503	Blue Green - Med.
N	932	Antique Blue - Lt.
▲	930	Antique Blue - Dk.
▽	762	Pearl Grey - Vy. Lt.
	961	Dusty Rose - Dk.
	680	Old Gold - Dk.
	340	Blue Violet - Med.
	3726	Antique Mauve - Dk.
	436	Tan
	420	Hazel Nut Brown - Dk.
	502	Blue Green

Add a little white stitch to eyes where marked ().

Note: Wavy lines on chart indicate regular backstitch in a different color.

Backstitch in order given:
Backstitch bow in hair in 340.
Backstitch hair (excluding) in 436.
Backstitch trophy and lettering in 680.
Backstitch roses in 961.
Backstitch leaves in 502.
Backstitch face (including) in 420.
Backstitch "1" on necklace in 977.
Backstitch necklace pendant in 436.
Backstitch ribbon around neck (including) in 3726.
Backstitch dress (including) in 340.
Backstitch hands and arms in 420.
Backstitch shoes in 436.
Backstitch "Sam B" in 738.
Backstitch lettering in 340.

Design Area: 119 × 55

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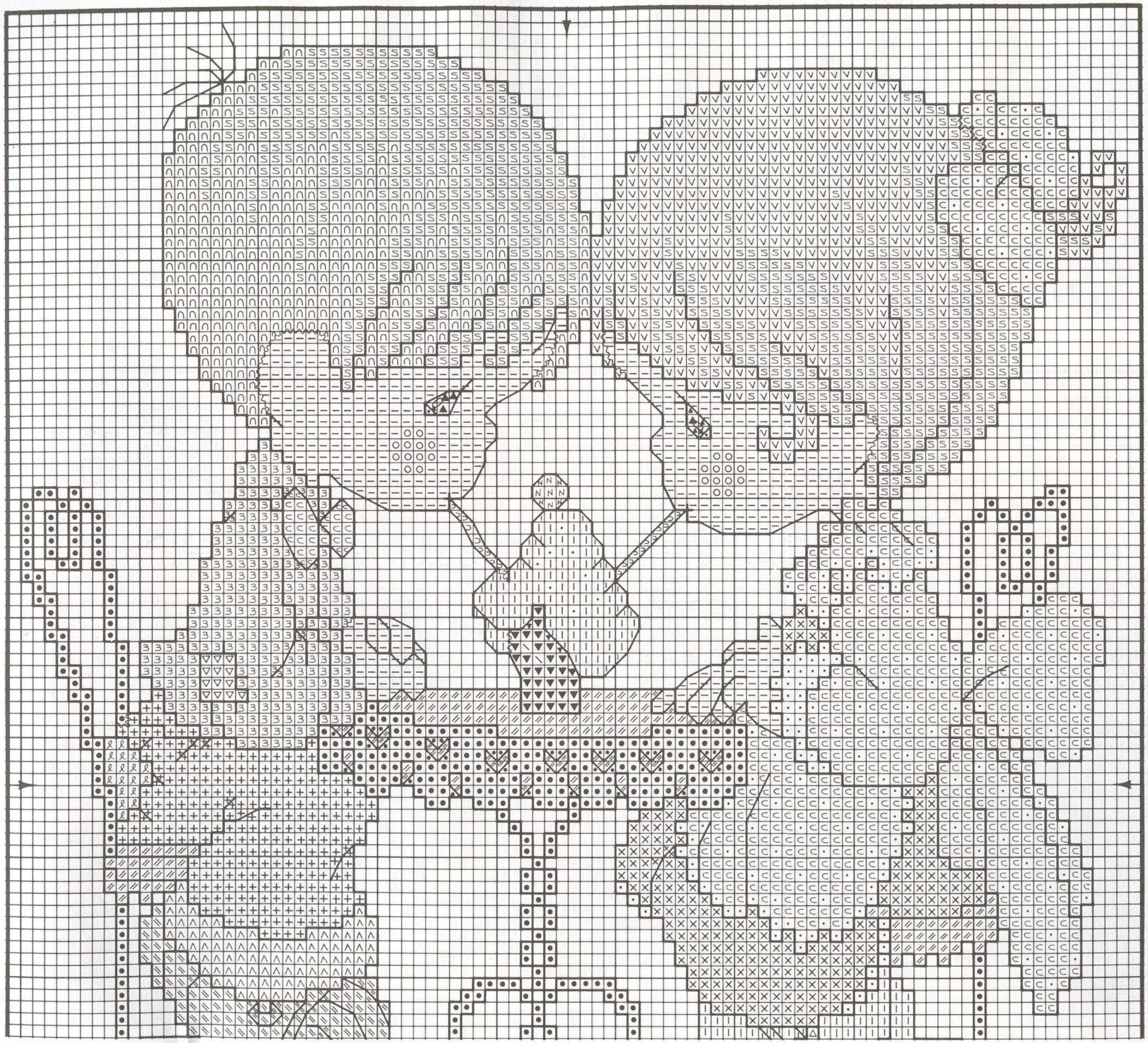

OUR FRIENDSHIP IS SODA-LICIOUS

	DMC	Color
•	White	White
⊂	776	Pink - Med.**
△	3326	Rose - Lt.
×	335	Rose
\	3689	Mauve - Lt.
▼	3688	Mauve - Med.
I	963	Dusty Rose - Ultra Vy. Lt.
//	3823	Yellow - Vy. Lt. Pale
3	745	Yellow - Lt. Pale
▽	3825	Orange Spice - Vy. Lt.
–	948	Peach Flesh - Vy. Lt.*
O	754	Peach Flesh - Lt.
N	3712	Salmon - Med.
●	3743	Antique Violet - Vy. Lt.***
V	712	Cream*
⊃	Ecru	Ecru
S	739	Tan - Ultra Vy. Lt.**
∩	738	Tan - Vy. Lt.*
ℓ	368	Pistachio Green - Lt.
\\	3753	Antique Blue - Ultra Vy. Lt.
∧	3752	Antique Blue - Vy. Lt.
+	932	Antique Blue - Lt.*
▲	930	Antique Blue - Dk.
	899	Rose - Med.
	309	Rose - Deep
	3687	Mauve
	680	Old Gold - Dk.
	3328	Salmon - Dk.
	3042	Antique Violet - Lt.
	436	Tan
	420	Hazel Nut Brown - Dk.
	931	Antique Blue - Med.

129

Design Area: 93

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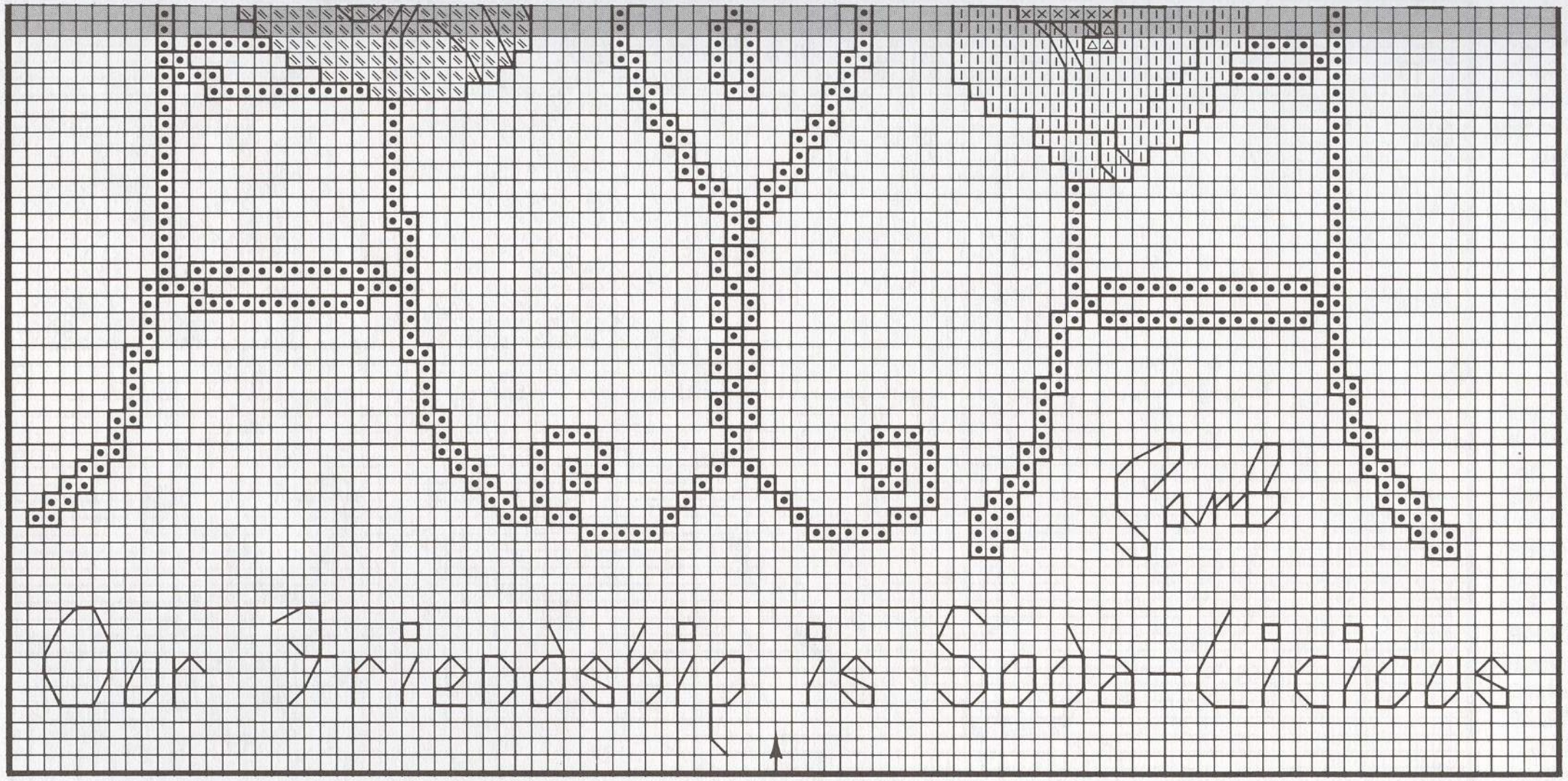

	DMC	Color
·	White	White
⊂	776	Pink - Med.**
△	3326	Rose - Lt.
×	335	Rose
\	3689	Mauve - Lt.
▼	3688	Mauve - Med.
I	963	Dusty Rose - Ultra Vy. Lt.
//	3823	Yellow - Vy. Lt. Pale
3	745	Yellow - Lt. Pale
▽	3825	Orange Spice - Vy. Lt.
–	948	Peach Flesh - Vy. Lt.*
O	754	Peach Flesh - Lt.
N	3712	Salmon - Med.
●	3743	Antique Violet - Vy. Lt.***
V	712	Cream*
⊃	Ecru	Ecru
S	739	Tan - Ultra Vy. Lt.**
∩	738	Tan - Vy. Lt.*
ℓ	368	Pistachio Green - Lt.
\\	3753	Antique Blue - Ultra Vy. Lt.
∧	3752	Antique Blue - Vy. Lt.
+	932	Antique Blue - Lt.*
▲	930	Antique Blue - Dk.
	899	Rose - Med.
	309	Rose - Deep
	3687	Mauve
	680	Old Gold - Dk.
	3328	Salmon - Dk.
	3042	Antique Violet - Lt.
	436	Tan
	420	Hazel Nut Brown - Dk.
	931	Antique Blue - Med.

Add a little white stitch to eyes where marked ⊘ ⊘ .

Note: Wavy lines on chart indicate regular backstitch in a different color.

Backstitch in order given:
Backstitch bow in girl's hair (excluding ∿∿) in 335.
Backstitch boy's and girl's hair (excluding ∿∿ on ears and foreheads and including ∿∿ on bow) in 436.
Backstitch boy's tie, girl's sleeve and collar in 335.
Backstitch boy's shirt (excluding ∿∿) in 680.
Backstitch faces and hands (including ∿∿ on ears, foreheads and hands) in 420.
Backstitch cherry in 3328.
Backstitch ice cream (excluding ∿∿) in 3326.
Backstitch glass (including ∿∿) in 3687.
Backstitch straws (including ∿∿) in 738.
Backstitch table top and back of boy's chair (excluding ∿∿) in 3042.
Backstitch bow on back of girl's dress and remainder of apron in 335.
Backstitch boy's pants (including ∿∿) in 930.
Backstitch boy's shoes in 931.
Backstitch boy's chair and table base in 3042.
Backstitch girl's dress in 309.
Backstitch heart on shoe in 335.
Backstitch girl's shoes in 899.
Backstitch girl's chair in 3042.
Backstitch "Sam B" in 3743.
Backstitch lettering in 3042.

To stitch the afghan, you will need the following skeins of floss:

*** 11 skeins 3743
** 3 skeins 739, 776
* 2 skeins 712, 738, 932, 948
1 skein each of all remaining colors.

See Afghan Instructions on pages 30-31.

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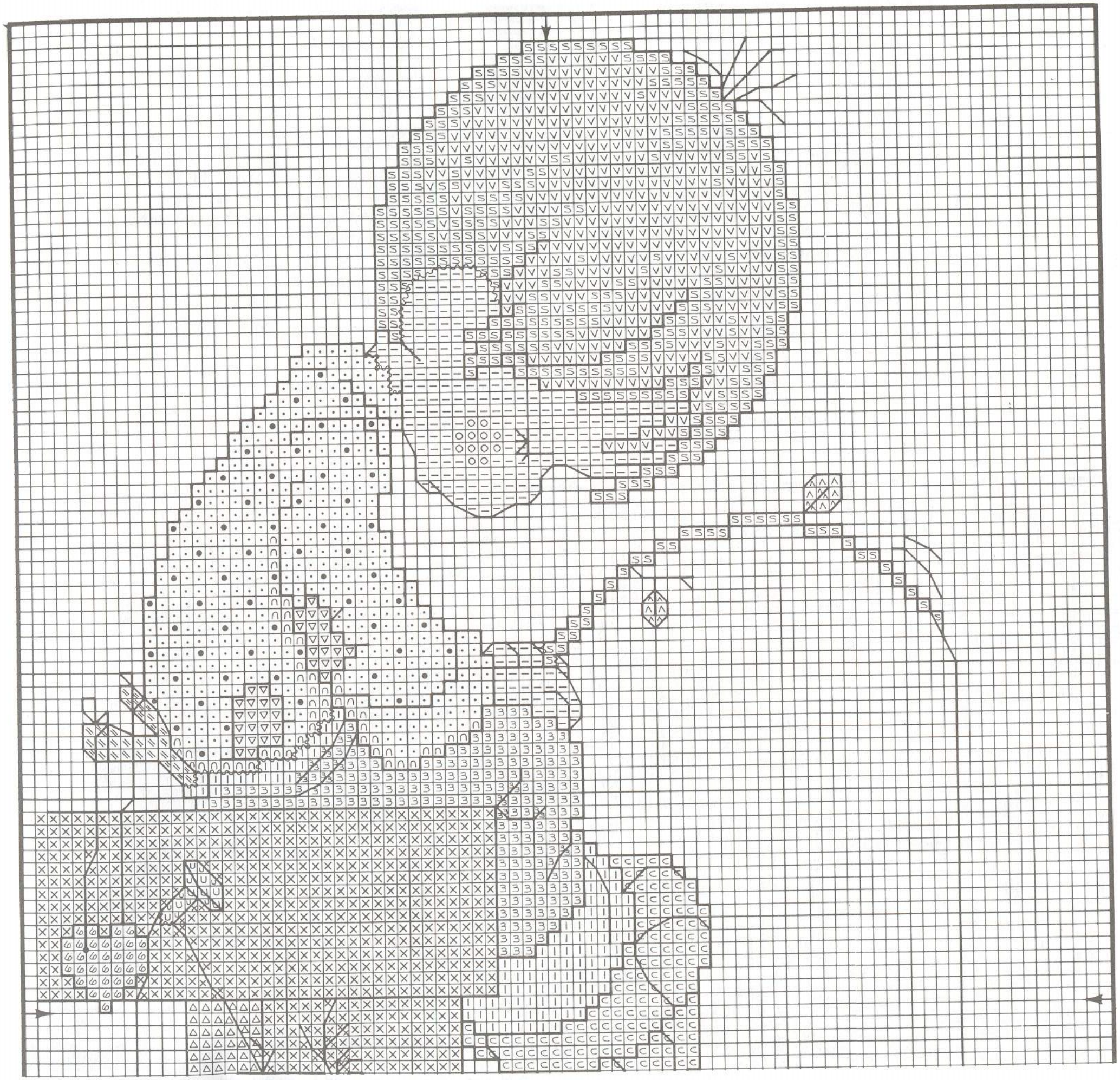

JUST A LINE TO WISH YOU A HAPPY DAY

	DMC	Color
T	White	White
L	225	Shell Pink - Ultra Vy. Lt.
ↄ	3823	Yellow - Vy. Lt. Pale
▽	745	Yellow - Lt. Pale
-	744	Yellow - Pale
\	945	Flesh - Med.
–	948	Peach Flesh - Vy. Lt.
O	754	Peach Flesh - Lt.
6	760	Salmon
+	3328	Salmon - Dk.
I	3024	Brown Grey - Vy. Dk.
II	739	Tan - Ultra Vy. Lt.
V	738	Tan - Vy. Lt.
S	437	Tan - Lt.
▲	433	Brown - Med.
Z	801	Coffee Brown - Dk.
//	3033	Mocha Brown - Vy. Lt.
C	3782	Mocha Brown - Lt.
U	613	Drab Brown - Lt.
\\	3828	Hazel Nut Brown
^	368	Pistachio Green - Lt.
N	772	Yellow Green - Vy. Lt.
•	3753	Antique Blue - Ultra Vy. Lt.
∩	3752	Antique Blue - Vy. Lt.
●	932	Antique Blue - Lt.
X	762	Pearl Grey - Vy. Lt.
△	415	Pearl Grey
3	648	Beaver Grey - Lt.
	223	Shell Pink - Lt.
	3772	Flesh - Dk.
	3712	Salmon - Med.
	347	Salmon - Vy. Dk.
	782	Topaz - Dk.
	3790	Beige Grey - Ultra Dk.
	435	Brown - Vy. Lt.
	3032	Mocha Brown - Med.
	611	Drab Brown - Dk.
	420	Hazel Nut Brown - Dk.
	869	Hazel Nut Brown - Vy. Dk.
	367	Pistachio Green - Dk.
	3051	Green Grey - Dk.
	3364	Pine Green
	931	Antique Blue - Med.
	414	Steel Grey - Dk.
	646	Beaver Grey - Dk.

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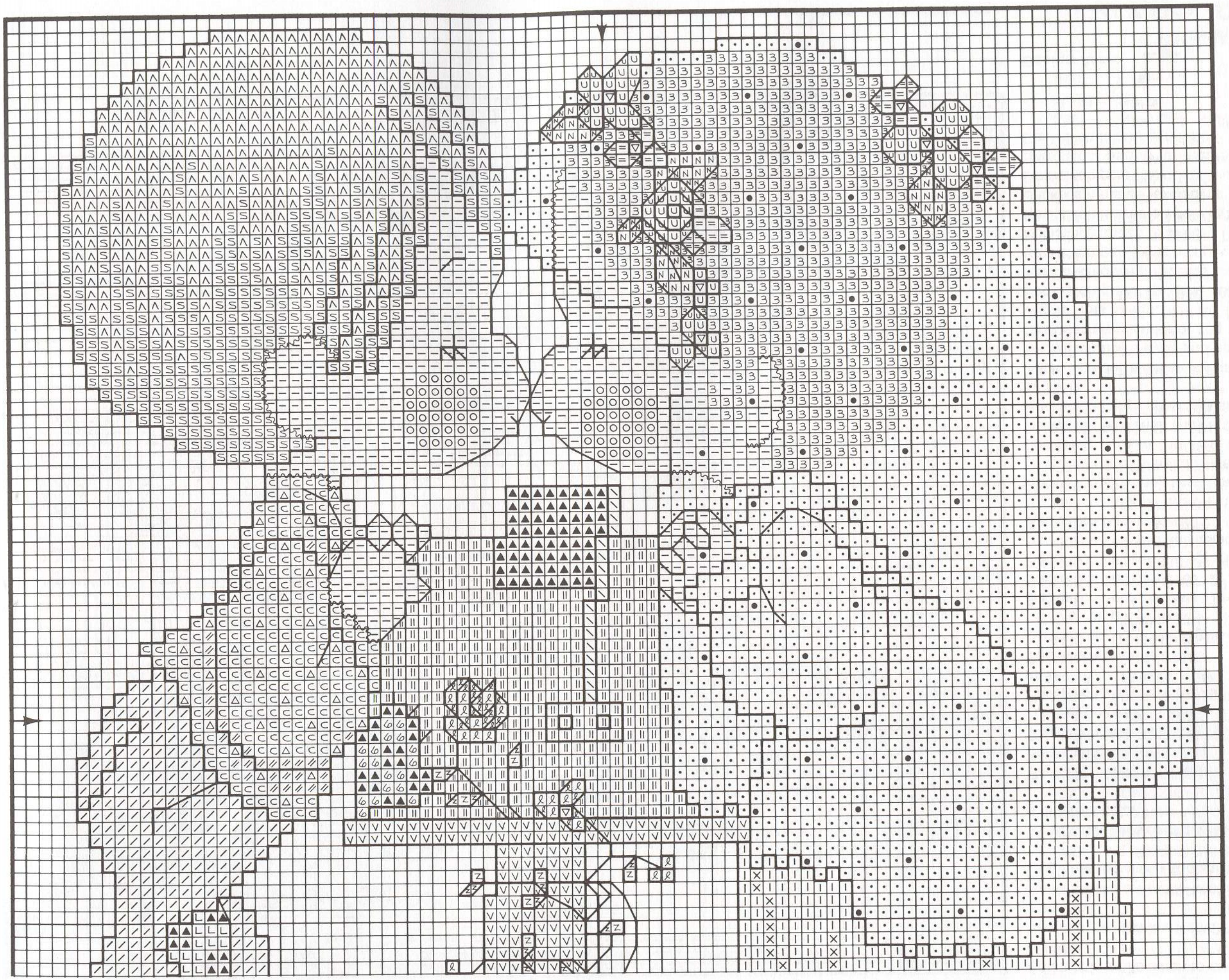
Shaded area indicates last two rows stitched on previous page.

Add a little white stitch to eye and nose where marked ⬯ ⬭ .
Snail's eyes - make a x stitch and then a + stitch to form ✳ in 3051.
Heart - make a French knot in 869.
Dog - make French knots in 420.

Note: Wavy lines on chart indicate regular backstitch in a different color.

Backstitch in order given:
Backstitch hair (excluding ∿) in 435.
Backstitch face (including ∿ on ear and excluding ∿ on neck) in 420.
Backstitch sling shot (excluding ∿) and string in 869.
Backstitch heart in 3712.
Backstitch shirt (including ∿ at neck and excluding ∿ on pants) in 931.
Backstitch hooks on lures in 414.
Backstitch 760 lure in 3712.
Backstitch nail (excluding ∿) in 611.
Backstitch 744 lure (including feathers) in 782.
Backstitch basket in 420.
Backstitch string to basket in 611.
Backstitch 225 snail shell (excluding ∿) in 223.
Backstitch snail's head, antennae and neck on right (including ∿) in 3364.
Backstitch 945 snail shell in 3772.
Backstitch head, antennea and neck of snail on left in 3364.
Backstitch dog's collar (excluding ∿) in 347.
Backstitch dog's eyes and nose in 801.
Backstitch remainder of dog (including ∿) and wiggle lines in 420.
Backstitch grass sprigs in 3032.
Backstitch dock (including ∿ at nail) in 414.
Backstitch pants (including ∿) in 646.
Backstitch shoes in 3790.
Backstitch leaves on pole in 367.
Backstitch hands (excluding ∿) in 420.
Backstitch pole (including ∿)in 435.
Backstitch "Sam B" in 738.
Backstitch lettering in 932.

Design Area: 155 × 85



DMC
I	White
×	819
L	3823
6	745
▽	744
△	3822
−	948
O	754
U	3713
ł	761
▲	760
+	778
3	712
Λ	739
S	738
V	3033
>	3782
N	369
Z	368
∩	966
C	504
//	503
=	775
\\	3752
/	932
=	762
\	414
	776
	3712
	3328
	3726
	435
	611
	422
	420
	320
	367
	501
	931
	930
	415
	318
	413

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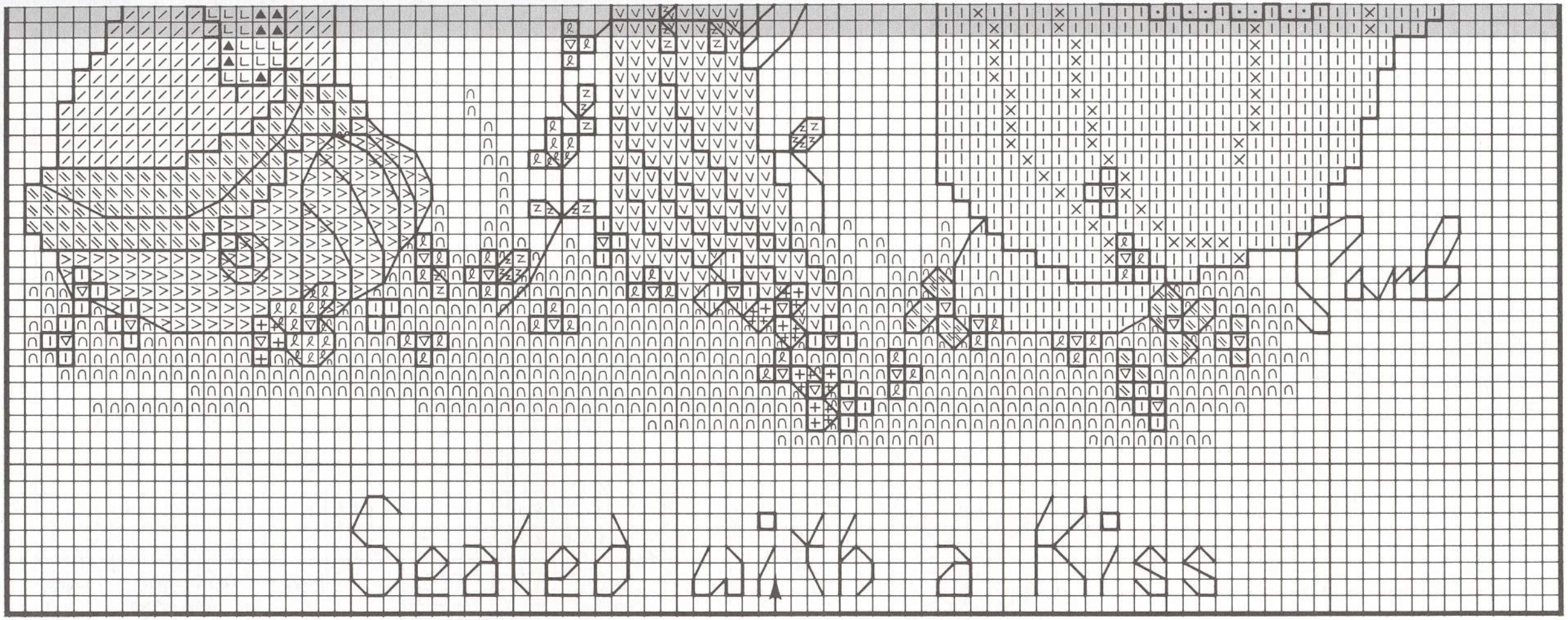

SEALED WITH A KISS

	DMC	Color
I	White	White
×	819	Baby Pink - Lt.
L	3823	Yellow - Vy. Lt. Pale
6	745	Yellow - Lt. Pale
▽	744	Yellow - Pale
△	3822	Straw - Lt.
–	948	Peach Flesh - Vy. Lt.
O	754	Peach Flesh - Lt.
U	3713	Salmon - Vy. Lt.
ℓ	761	Salmon - Lt.
▲	760	Salmon
+	778	Antique Mauve - Vy. Lt.
3	712	Cream
Λ	739	Tan - Ultra Vy. Lt.
S	738	Tan - Vy. Lt.
V	3033	Mocha Brown - Vy. Lt.
>	3782	Mocha Brown - Lt.
N	369	Pistachio Green - Vy. Lt.
Z	368	Pistachio Green - Lt.
∩	966	Baby Green - Med.
⊂	504	Blue Green - Vy. Lt.
//	503	Blue Green - Med.
=	775	Baby Blue - Vy. Lt.
\\	3752	Antique Blue - Vy. Lt.
/	932	Antique Blue - Lt.
II	762	Pearl Grey - Vy. Lt.
\	414	Steel Grey - Dk.
	776	Pink - Med.
	3712	Salmon - Med.
	3328	Salmon - Dk.
	3726	Antique Mauve - Dk.
	435	Brown - Vy. Lt.
	611	Drab Brown - Dk.
	422	Hazel Nut Brown - Lt.
	420	Hazel Nut Brown - Dk.
	320	Pistachio Green - Med.
	367	Pistachio Green - Dk.
	501	Blue Green - Dk.
	931	Antique Blue - Med.
	930	Antique Blue - Dk.
	415	Pearl Grey
	318	Steel Grey - Lt.
	413	Pewter Grey - Dk

Marlitt

•	800	White

Note: Run Marlitt through a small piece of sponge (dampened) to help it lie more smoothly. Use 1 strand for cross stitch on 14 ct.

Beads

●	00479	(White)

See "How to Add Beads" on page 31.

Note: Wavy lines on chart indicate regular backstitch in a different color.

Backstitch in order given:
Backstitch boy's hair (excluding ∿∿) in 435.
Backstitch boy's face (including ∿∿ on ear and excluding ∿∿ on neck) and hands (excluding ∿∿) in 420.
Backstitch shirt (including ∿∿) in 501.
Backstitch pants (excluding ∿∿) in 930.
Backstitch 3713 flowers in 760.
Backstitch 761 flowers in 3712.
Backstitch 775/3752 flowers in 931.
Backstitch 778 flowers in 3726.
Backstitch leaves on veil in 320.
Backstitch white flowers in 414.
Backstitch leaves, stems and vine around mailbox in 367.
Backstitch boy's shoes in 611.
Backstitch bride's hands and ∿∿ flesh in 422.
Backstitch remainder of bride's flesh in 420.
Backstitch outside edges of veil in 318.
Backstitch inside of veil in 415.
Backstitch remainder of dress and shoe in 318.
Backstitch flag post in 413.
Backstitch flag in 3328.
Backstitch mailbox in 414.
Backstitch post in 611.
Backstitch "Sam B" in 776.
Backstitch lettering in 368.

Design Area:
108 × 92

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FOR ME

	DMC	Color
•	White	White
⊃	224	Shell Pink - Vy. Lt.
//	745	Yellow - Lt. Pale
∩	744	Yellow - Pale
6	743	Yellow - Med.
–	754	Peach Flesh - Lt.
3	778	Antique Mauve - Vy. Lt.
N	437	Tan - Lt.
S	3371	Black Brown
/	369*	Pistachio Green - Vy. Lt.
●	368	Pistachio Green - Lt.
×	966	Baby Green - Med.
∧	3756	Baby Blue - Ultra Vy. Lt.
▼	3752	Antique Blue - Vy. Lt.
○	762	Pearl Grey - Vy. Lt.
▲	413	Pewter Grey - Dk.
	223	Shell Pink - Lt.
	680	Old Gold - Dk.
	420	Hazel Nut Brown - Dk.
	367	Pistachio Green - Dk.
	932	Antique Blue - Lt.
	931	Antique Blue - Med.
	414	Steel Grey - Dk.
	320	Pistachio Green - Med.

Add a little white stitch to eye where marked 0 .

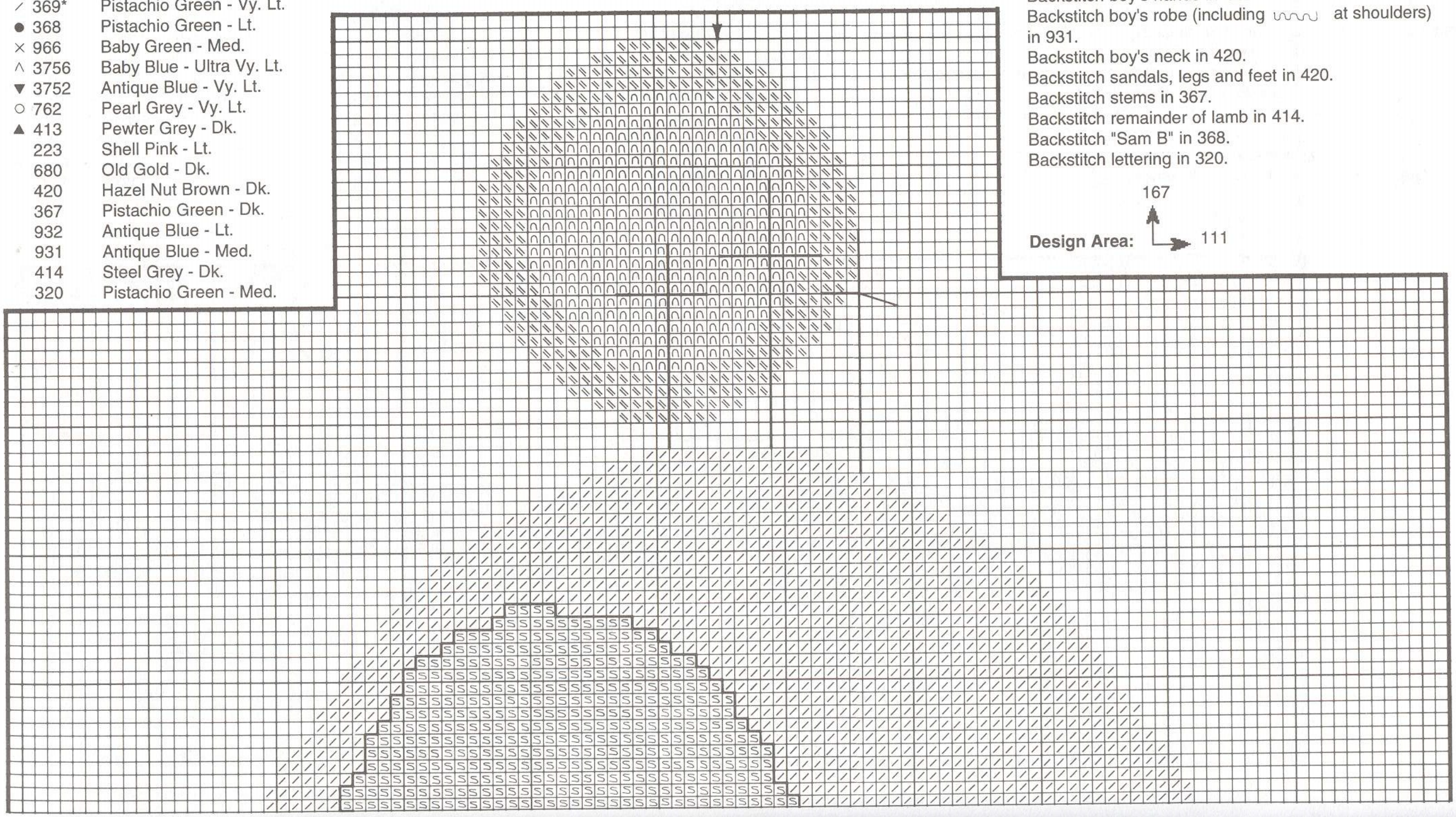
**Note:* When stitching the 369 grass use half stitches following the same direction as symbol (lower left hand corner to top right hand corner). Two skeins are needed.

Note: Wavy lines on chart indicate regular backstitch in a different color.

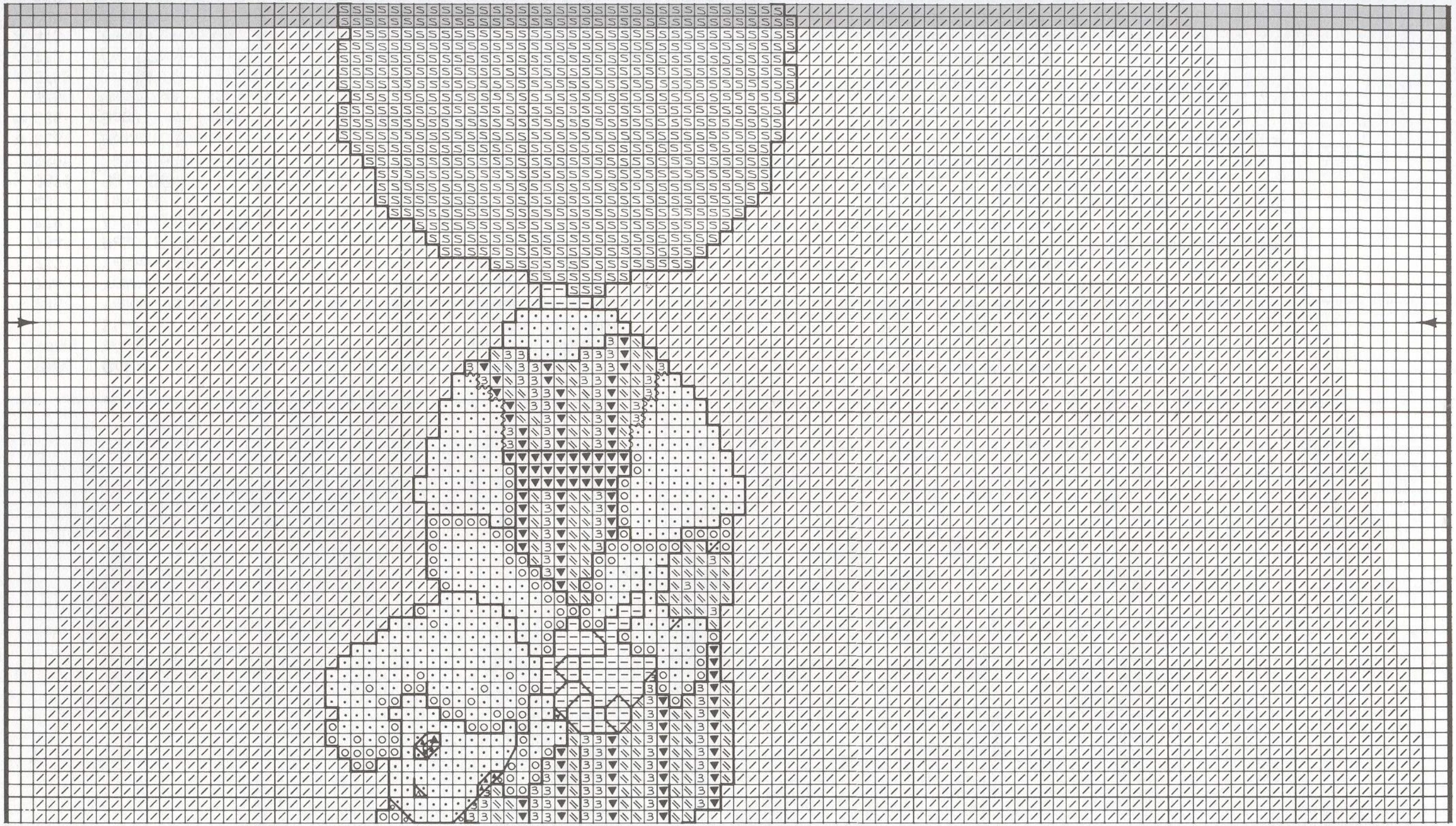
Backstitch in order given:
Backstitch crosses in 420.
Backstitch boy's hair in 3371.
Backstitch collar in 414.
Backstitch tear in 932.
Backstitch lamb's eyes in 413.
Backstitch patch in 420.
Backstitch lamb's head and boy's sleeves (excluding ∿∿∿) in 414.
Backstitch 224 flowers in 223.
Backstitch 744 flowers in 680.
Backstitch boy's hands in 420.
Backstitch boy's robe (including ∿∿∿ at shoulders) in 931.
Backstitch boy's neck in 420.
Backstitch sandals, legs and feet in 420.
Backstitch stems in 367.
Backstitch remainder of lamb in 414.
Backstitch "Sam B" in 368.
Backstitch lettering in 320.

167

Design Area: 111



Shaded area indicates last two rows stitched on previous page.



	DMC	Color
•	White	White
⊃	224	Shell Pink - Vy. Lt.
⫽	745	Yellow - Lt. Pale
∩	744	Yellow - Pale
6	743	Yellow - Med.
–	754	Peach Flesh - Lt.
3	778	Antique Mauve - Vy. Lt.
N	437	Tan - Lt.
S	3371	Black Brown
/	369*	Pistachio Green - Vy. Lt.
●	368	Pistachio Green - Lt.
×	966	Baby Green - Med.
∧	3756	Baby Blue - Ultra Vy. Lt.
▼	3752	Antique Blue - Vy. Lt.
○	762	Pearl Grey - Vy. Lt.
▲	413	Pewter Grey - Dk.
	223	Shell Pink - Lt.
	680	Old Gold - Dk.
	420	Hazel Nut Brown - Dk.
	367	Pistachio Green - Dk.
	932	Antique Blue - Lt.
	931	Antique Blue - Med.
	414	Steel Grey - Dk.
	320	Pistachio Green - Med.

Chart continued on page 28.

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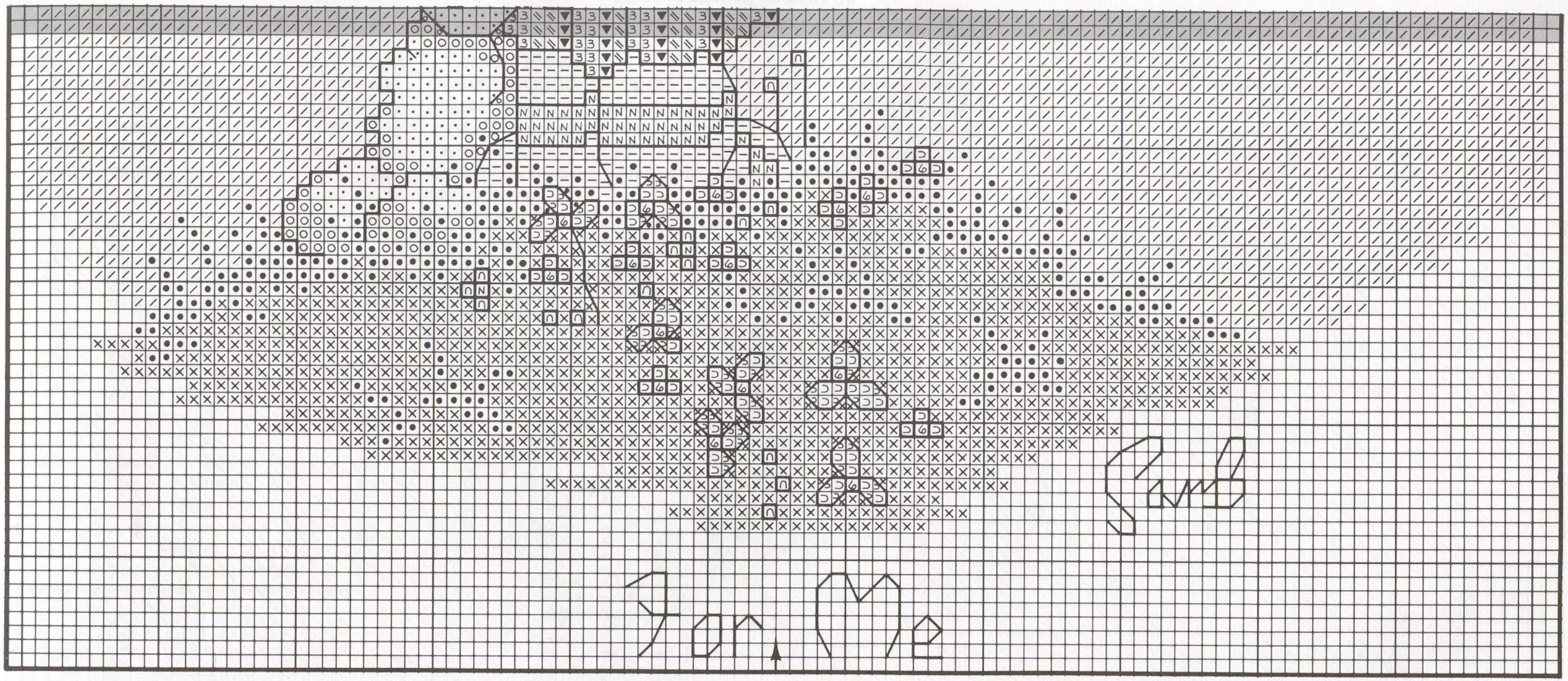

	DMC	Color
·	White	White
⊃	224	Shell Pink - Vy. Lt.
⍀	745	Yellow - Lt. Pale
∩	744	Yellow - Pale
6	743	Yellow - Med.
–	754	Peach Flesh - Lt.
3	778	Antique Mauve - Vy. Lt.
N	437	Tan - Lt.
S	3371	Black Brown
/	369*	Pistachio Green - Vy. Lt.
●	368	Pistachio Green - Lt.
×	966	Baby Green - Med.
∧	3756	Baby Blue - Ultra Vy. Lt.
▼	3752	Antique Blue - Vy. Lt.
O	762	Pearl Grey - Vy. Lt.
▲	413	Pewter Grey - Dk.
	223	Shell Pink - Lt.
	680	Old Gold - Dk.

DMC	Color
420	Hazel Nut Brown - Dk.
367	Pistachio Green - Dk.
932	Antique Blue - Lt.
931	Antique Blue - Med.
414	Steel Grey - Dk.
320	Pistachio Green - Med.

Add a little white stitch to eye where marked O .

**Note:* When stitching the 369 grass use half stitches following the same direction as symbol (lower left hand corner to top right hand corner).

Note: Wavy lines on chart indicate regular backstitch in a different color.

Backstitch in order given:
Backstitch crosses in 420.
Backstitch collar in 414.
Backstitch tear in 932.
Backstitch lamb's eyes in 413.
Backstitch patch in 420.
Backstitch lamb's head and boy's sleeves (excluding ∿∿∿) in 414.
Backstitch 224 flowers in 223.
Backstitch 744 flowers in 680.
Backstitch boy's hands in 420.
Backstitch boy's robe (including ∿∿∿ at shoulders) in 931.
Backstitch boy's neck in 420.
Backstitch sandals, legs and feet in 420.
Backstitch stems in 367.
Backstitch remainder of lamb in 414.
Backstitch "Sam B" in 368.
Backstitch lettering in 320.

THE FRUIT OF THE SPIRIT IS LOVE

	DMC	Color
•	White	White
//	745	Yellow - Lt. Pale
3	744	Yellow - Pale
■	743	Yellow - Med.
▼	3825	Orange Spice - Vy. Lt.
Z	722	Orange Spice - Lt.
–	948	Peach Flesh - Vy. Lt.
O	754	Peach Flesh - Lt.
ℓ	760	Salmon
\	554	Violet - Lt.
II	553	Violet
L	340	Blue Violet - Med.
+	3746	Blue Violet - Dk.
C	739	Tan - Ultra Vy. Lt.
V	738	Tan - Vy. Lt.
S	437	Tan - Lt.
△	368	Pistachio Green - Lt.
X	504	Blue Green - Vy. Lt.
∩	503	Blue Green - Med.
I	3753	Antique Blue - Ultra Vy. Lt.
N	932	Antique Blue - Lt.
▲	930	Antique Blue - Dk.
	721	Orange Spice - Med.
	680	Old Gold - Dk.
	435	Brown - Vy. Lt.
	420	Hazel Nut Brown - Dk.
	367	Pistachio Green - Dk.
	502	Blue Green
	931	Antique Blue - Med.

See ethnic conversion information on page 2.

Add a little white stitch to eyes where marked ( ) .

Note: Wavy lines on chart indicate regular backstitch in a different color.

Backstitch in order given:
Backstitch yellow flowers (excluding ∿) in 680.
Backstitch blue flowers (excluding ∿) in 931.
Backstitch leaves in 367.
Backstitch hair (including ∿) in 435.
Backstitch face and hands in 420.
Backstitch heart in 760.
Backstitch 340 and 3746 berries (excluding ∿) in 3746.
Backstitch 554 and 553 berries (excluding ∿ on bowl and including ∿ on other berries) in 553.
Backstitch 3825 and 722 fruits (excluding ∿) in 721.
Backstitch 745 and 744 fruits (including ∿ on other fruits and excluding ∿ on bowl) in 680.
Backstitch leaf in 367.
Backstitch bowl (including ∿) in 420.
Backstitch dress and shoes in 502.
Backstitch legs in 420.
Backstitch "Sam B" in 503.
Backstitch lettering in 502.

107
Design Area: 64

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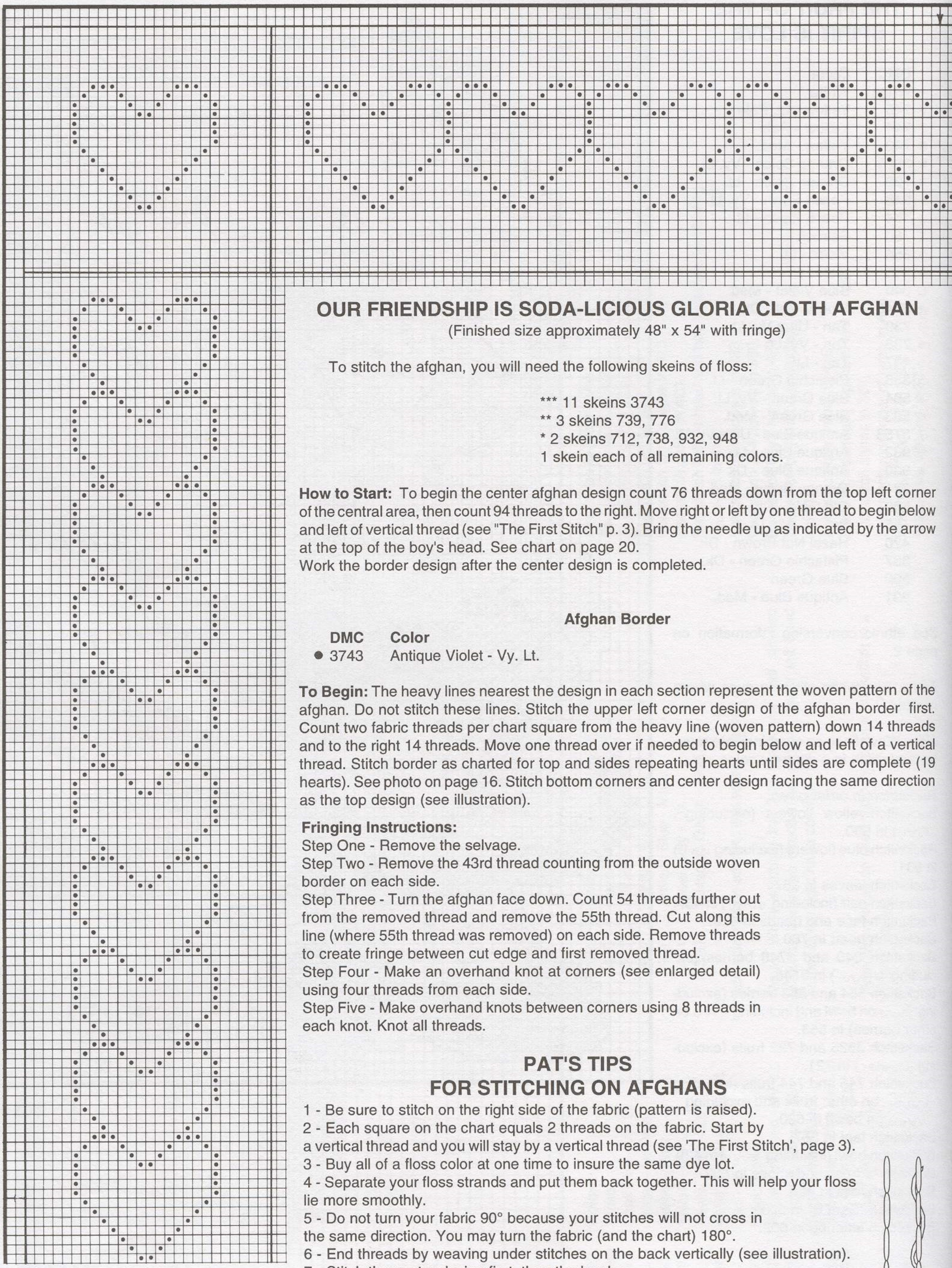


OUR FRIENDSHIP IS SODA-LICIOUS GLORIA CLOTH AFGHAN

(Finished size approximately 48" x 54" with fringe)

To stitch the afghan, you will need the following skeins of floss:

*** 11 skeins 3743
** 3 skeins 739, 776
* 2 skeins 712, 738, 932, 948
1 skein each of all remaining colors.

How to Start: To begin the center afghan design count 76 threads down from the top left corner of the central area, then count 94 threads to the right. Move right or left by one thread to begin below and left of vertical thread (see "The First Stitch" p. 3). Bring the needle up as indicated by the arrow at the top of the boy's head. See chart on page 20.
Work the border design after the center design is completed.

Afghan Border

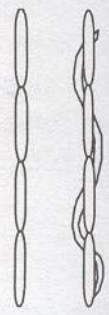
	DMC	Color
●	3743	Antique Violet - Vy. Lt.

To Begin: The heavy lines nearest the design in each section represent the woven pattern of the afghan. Do not stitch these lines. Stitch the upper left corner design of the afghan border first. Count two fabric threads per chart square from the heavy line (woven pattern) down 14 threads and to the right 14 threads. Move one thread over if needed to begin below and left of a vertical thread. Stitch border as charted for top and sides repeating hearts until sides are complete (19 hearts). See photo on page 16. Stitch bottom corners and center design facing the same direction as the top design (see illustration).

Fringing Instructions:
Step One - Remove the selvage.
Step Two - Remove the 43rd thread counting from the outside woven border on each side.
Step Three - Turn the afghan face down. Count 54 threads further out from the removed thread and remove the 55th thread. Cut along this line (where 55th thread was removed) on each side. Remove threads to create fringe between cut edge and first removed thread.
Step Four - Make an overhand knot at corners (see enlarged detail) using four threads from each side.
Step Five - Make overhand knots between corners using 8 threads in each knot. Knot all threads.

PAT'S TIPS FOR STITCHING ON AFGHANS

1 - Be sure to stitch on the right side of the fabric (pattern is raised).
2 - Each square on the chart equals 2 threads on the fabric. Start by a vertical thread and you will stay by a vertical thread (see 'The First Stitch', page 3).
3 - Buy all of a floss color at one time to insure the same dye lot.
4 - Separate your floss strands and put them back together. This will help your floss lie more smoothly.
5 - Do not turn your fabric 90° because your stitches will not cross in the same direction. You may turn the fabric (and the chart) 180°.
6 - End threads by weaving under stitches on the back vertically (see illustration).
7 - Stitch the center design first, then the border.
8 - Fringe last.
9 - Afghan fabrics are not meant to be lined or backed with iron-on fusing.



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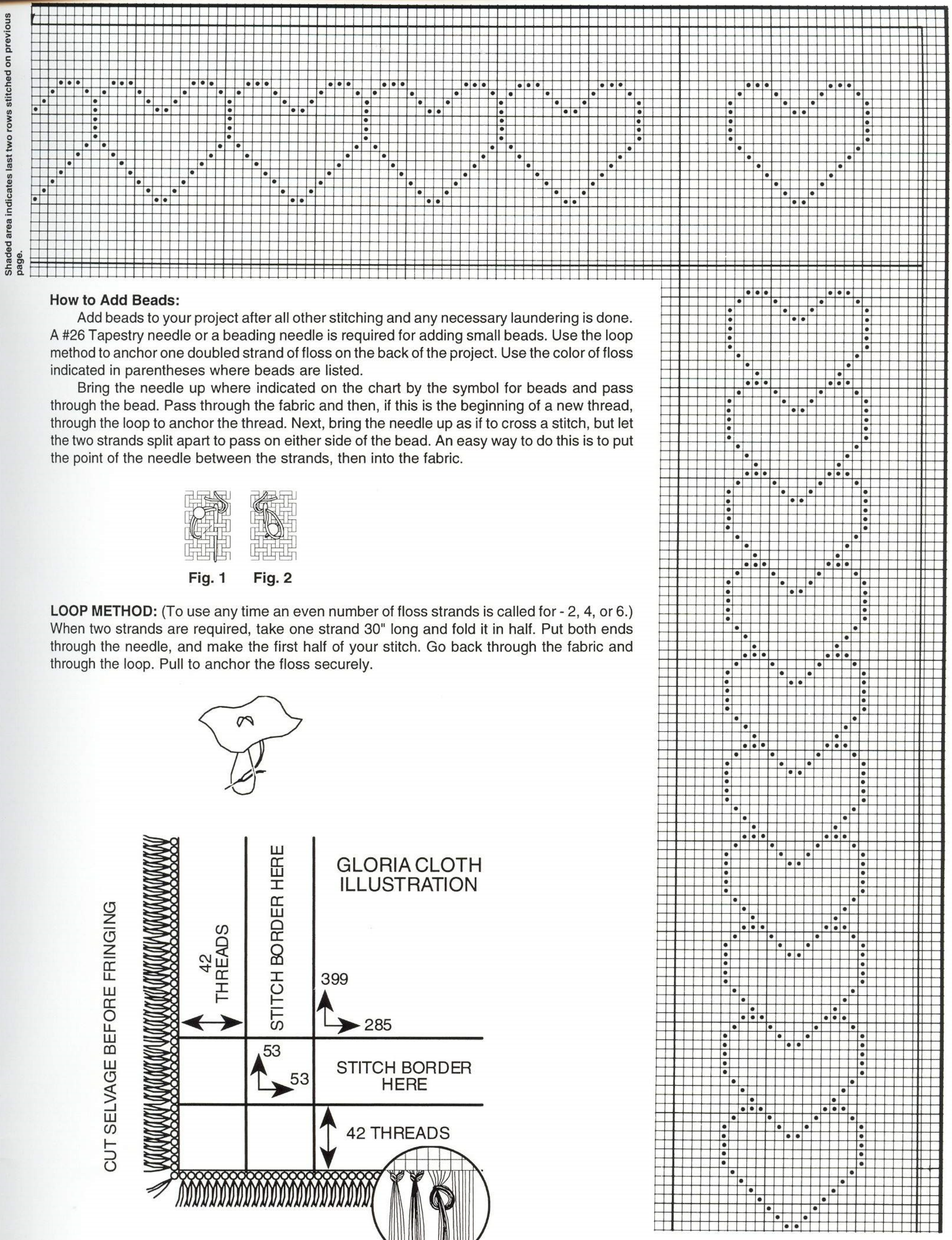

Shaded area indicates last two rows stitched on previous page.

How to Add Beads:

Add beads to your project after all other stitching and any necessary laundering is done. A #26 Tapestry needle or a beading needle is required for adding small beads. Use the loop method to anchor one doubled strand of floss on the back of the project. Use the color of floss indicated in parentheses where beads are listed.

Bring the needle up where indicated on the chart by the symbol for beads and pass through the bead. Pass through the fabric and then, if this is the beginning of a new thread, through the loop to anchor the thread. Next, bring the needle up as if to cross a stitch, but let the two strands split apart to pass on either side of the bead. An easy way to do this is to put the point of the needle between the strands, then into the fabric.

Fig. 1 **Fig. 2**

LOOP METHOD: (To use any time an even number of floss strands is called for - 2, 4, or 6.) When two strands are required, take one strand 30" long and fold it in half. Put both ends through the needle, and make the first half of your stitch. Go back through the fabric and through the loop. Pull to anchor the floss securely.

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0 85555 10042 9